



This Institution is an equal opportunity provider
Menus are subject to change



**Pownal Elementary School
Lunch
June 2017**



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Steamed Corn	Birth Day Celebration Chef's Choice Pizzas Pepperoni, Cheese or Veggie Celery Sticks w/ Hummus Dip	Taste Test Event Creamy Macaroni & Cheese Homemade Cornbread Baked Beans	Pancakes w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Green Pepper Strips
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Meatball Sub Baked Beans Steamed Broccoli	Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce) Rice Pilaf Steamed Corn	Cheesy Breadsticks w/Marinara <u>Strawberry Spinach Salad</u> Carrot Sticks w/Dip	Oven Baked Corn Dog Roasted Sweet Potato Wedges Baked Beans	End of Year BBQ Grilled Hamburgers & Hot Dogs w/ All The Fixins Garden Pasta Chilled Watermelon Summertime Dessert Fresh Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Chicken Caesar Salad Wrap Veggie Sticks w/Dip Sun Chips Fresh Fruit Milk	Deli Day 1/2 Day Turkey, Ham or Veggie Sandwich w/Lettuce & Tomato Veggie Sticks Sun Chips Fresh Fruit & Milk			

**Summer Meals Start
6/26/2017
Please call 753-5723
for more information
and locations near you.**



DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Yogurt Meal or
Deli Sandwich or
Salad Bar

Offered with all Meals

**Fresh Fruit
Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Adult Lunch \$3.50
	Milk \$.50

Pay for meals on-line

**For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link**

We Support Local New England Companies

Clearbrook Farm	Moses Farm
Maplebrook Farm	Southern VT. Orchards
Youth Horticultural Group	
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls	
Cabot Cooperative- Yogurt, Sour Cream	
King Arthur Flour- Dinner Rolls, Pizza Dough	
Chappelle's Potatoes	
Georgia Mtn. Maples Syrup- VT. Maple Syrup	
Sunrise Orchards-Apples	
Mazza Farm Stand- Local Produce	
Green Mtn. Farms- Cream Cheese	
Hood-Milk	



**Taste Test Event
Thursday
June 8, 2017
Spinach**

**Harvest of the
Month**



June

Spinach



**Local Products Used
when available**

*Items in bold and
italicized are
Local Products*

**Items in Bold and
Underlined are
Harvest of the Month
& Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created by
Vermont FEED





Breakfast in the Classroom

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Pownal Elementary School
Breakfast
June 2017



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Strawberry Cream Cheese Stuffed Bagel Fresh Fruit Milk	Whole Grain Breakfast Bun Fresh Fruit Milk	Asst. Fruit Muffin Muffin & Animal Crackers Fresh Fruit Milk	Cherry Frudel Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Bagel w/ Cream Cheese Fresh Fruit Milk	Whole Grain Banana Bread Fresh Fruit Milk	Asst. Fruit Muffin Muffin & Animal Crackers Fresh Fruit Milk	Sausage Wrapped in Pancake Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Strawberry Cream Cheese Stuffed Bagel Fresh Fruit Milk			

Thurs., June 1	Fri., June 2
Asst. Fruit Muffin Muffin & Animal Crackers Fresh Fruit Milk	Sausage Wrapped in Pancake Fresh Fruit Milk

Breakfast in the Classroom

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!!
Go to the link below. You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

