

Villa Augustina School

September 2008

Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5
No School	No School	Oven Baked Chicken Nuggets ♥Steamed Broccoli ♥Rice Pilaf with ♥Seasonal Vegetables ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Oven Baked Corn Dogs ♥Fresh Zucchini Sticks ♥Ranch Dressing ♥Baked French Fries ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Nachos Supreme Meat, Cheese, Salsa, Onions, ♥Peppers, ♥Tomatoes, Black Olives, Sour Cream, and Nacho Chips ♥Spanish Rice Pilaf ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk



www.abbeygroup.net
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New England Corner

This month we have Potatoes, Crackers Zucchini, Summer Squash Cucumbers & Yogurt

Please contact us if you have local products that we could add to our menu.

8	9	10	11	12
Try our new Cheetos Trax Crackers Dress Your Own Burger ♥pickles, lettuce, tomatoes, & cheese ♥Seasoned Green Peas Cheetos Trax Crackers ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Brunch for Lunch Flavorful Waffles ♥Baked Breakfast Ham ♥Seasoned Sweet N White Potatoes ♥Homemade Healthy Crisp ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Italian Style Pasta Bar With Assorted Sauces ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings Garlic Bread Sticks ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Chicken Caesar Salad ♥Romaine, Chicken ♥Caesar Dressing ♥Homemade Zucchini Bread ♥Inviting Fruit Salad ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Pepperoni or Chef's Specialty Pizza ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Chilled Fruit Cups ♥Homemade Healthy Dessert Assorted Juice or Fresh Fruit Vermont Farm Fresh Milk



15	16	17	18	19
Homemade Italian Meatball Sub (Chef's tomato sauce & meatballs) ♥Piping Hot Baked Potato ♥Your Favorite Broccoli ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Roasted Hot Dogs With all the fixings ♥Chilled Potato Salad ♥Fresh Vegetable Sticks ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Homemade Macaroni & Cheese ♥Crunchy Vegetable Sticks & Dip ♥Homemade Corn Bread Happy Birthday Septemberites Happy Birthday Cake ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Sponge Bob Casserole Homemade Shepherds Pie (Turkey, Corn, & Mashed Potato) ♥Crunchy Vegetable Sticks & Dip ♥Fiesta Corn Muffins ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Tasty Minestrone Soup Westminster Crackers Grilled Cheese Sandwich ♥Fresh Spinach Salad ♥Lemon Vinaigrette ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk

Daily Breakfast Options

Mon. Egg and Cheese Muffins
 Tues. Ham & Cheese Bagels
 Wed. Combo Bars
 Thurs. Sausage Muffins
 Fri. Cinnamon Buns

Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily

22	23	24	25	26
Purple Day	White Day	Red Day	Yellow/Orange Day	Green Day
Oven Baked Chicken Sandwich ♥ Garden Pasta Salad ♥Crunchy Vegetables Sticks ♥Low Fat Ranch Dip ♥Special Homemade Healthy Dessert ♥Vermont Farm Fresh Milk	Chicken Fajita Cheese, Salsa, & VT Sour Cream ♥ Rice Pilaf w/ Seasonal Veggies ♥Chilled Applesauce Cups ♥Homemade Healthy Dessert Tasty Bananas ♥Vermont Farm Fresh Milk	Homemade Goulash ♥Meat, Pasta & Red Sauce ♥Fresh Garden Tossed Salad ♥Italian/Garlic Dunker Bread ♥Homemade Healthy Dessert Mouth Watering Watermelon ♥Vermont Farm Fresh Milk	Pepperoni or Chef's Specialty Pizza ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Mexicalli Corn Fresh Orange Wedges ♥Vermont Farm Fresh Milk	Ham & Cheese Melt ♥Served on a Wheat Bagel ♥Fresh Roasted Potatoes ♥Fresh Cucumber Slices ♥Homemade Healthy Dessert Kicking Kiwi ♥Vermont Farm Fresh Milk

Prices

Regular Priced Breakfast, \$1.25
 Reduced Priced Breakfast, \$.30

Regular Priced Lunch, \$2.50
 Reduced Priced Lunch, \$.40

Vermont Farm Fresh Milk, \$.50
 Assorted Juice Box, \$.50
 Adult Lunch Price, \$3.25

29	30	Chefs Corner		Monthly Facts
Cheesy Bread Sticks ♥Italian Marinara Sauce ♥Hearty Homemade Soup ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Taco Bar w/ the Works! Lettuce, Tomato, Cheese Cabot Sour Cream, Salsa, Peppers ♥ Spanish Rice ♥Fresh Homemade Coleslaw ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk	Try our daily alternatives offered everyday! Worlds Best Hoagville Deli Bar Zesty Italian Pizza Corner Garden Fresh Salad Bar Popular Express Lane Creamy Cabot Yogurt		Red Sox has won 10 World Series since 1912 Vermont's State Flower is the Purple Lilac 1919



Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at www.abbeygroup.net

If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential!

Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.