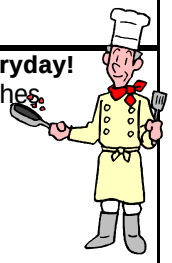
Villa Augustina School

November 2008

www.abbeygroup.net
comments@abbeygroup.net

Monday	Tuesday	Wednesday	Thursday	Friday
	Chefs Corner **Try our daily alternatives offered everyday!** Worlds Best Hoagville Deli Sandwiches Garden Fresh Chef Salad Creamy Cabot Yogurt 			
New England Corner This month we have Potatoes, Crackers Zucchini, Summer Squash Cucumbers & Yogurt Please contact us if you have local products that we could add to our menu.	3 **Oven Baked Chicken Nuggets** ♥Steamed Broccoli ♥Rice Pilaf with ♥Seasonal Vegetables ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	4 **Ham & Cheese Melt on a Whole Wheat Bagel** ♥Oven Baked Potato Puffs ♥Seasoned Green Beans ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	5 **Homemade Meat or Veggie Lasagna** ♥Crunchy Vegetable Sticks ♥Creamy Ranch Dip Garlic Dunker Bread ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	6 **Oven Fried Chicken** **Creamy Mashed Potatoes** ♥Hot Vegetables ♥Homemade Bread ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	7 **Pepperoni or Chef's Specialty Pizza** ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Chilled Fruit Cups ♥Homemade Healthy Dessert Assorted Juice or Fresh Fruit ♥Farm Fresh Milk
 For Healthy Eating Tips www.mypramid.gov	10 **No School**	11 **No School**	12 **Dress Your Own Burger** ♥pickles, lettuce, tomatoes, & cheese ♥Seasoned Green Peas ♥Cheetos Cracker Trax ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	13 **Buffalo Style Chicken Wrap** **Blue Cheese and Buffalo Sauce** ♥Seasoned Green Beans ♥Homemade Garden Pasta Salad ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	14 **Pepperoni or Chef's Specialty Pizza** ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Chilled Fruit Cups ♥Homemade Healthy Dessert Assorted Juice or Fresh Fruit ♥Farm Fresh Milk
Daily Breakfast Options Mon., Egg and Cheese Muffins Tues., Ham & Cheese Bagels Wed., Combo Bars Thurs., Sausage Muffins Fri., Cinnamon Buns Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily	17 **Oven Baked Chicken Sandwich** pickles, ♥lettuce, ♥tomatoes, & cheese ♥California Blended Vegetables ♥Rotini with Garlic Sauce Assorted Juice or Fresh Fruit ♥Farm Fresh Milk	18 **Homemade Spaghetti** ♥Meat or Marinara Sauce ♥Fresh Garden Tossed Salad ♥Italian/Garlic Dunker Bread ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	19 **Nachos Supreme** Meat, Cheese, Salsa, Onions, ♥Peppers, ♥Tomatoes, Black Olives, Sour Cream, and Nacho Chips ♥Spanish Rice Pilaf ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	20 **Thanksgiving Luncheon** **Roasted Turkey Dinner** **Served with Creamy Gravy** ♥Mashed Potatoes, Peas ♥Stuffing, Cranberry Sauce and Homemade Dinner Roll **Pumpkin Squares** ♥Farm Fresh Milk	21 **Pepperoni or Chef's Specialty Pizza** ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Chilled Fruit Cups ♥Homemade Healthy Dessert Assorted Juice or Fresh Fruit ♥Farm Fresh Milk
Prices Regular Priced Breakfast, $1.25 Reduced Priced Breakfast, $.30 Regular Priced Lunch, $2.50 Reduced Priced Lunch, $.40 Vermont Farm Fresh Milk, $.50 Assorted Juice Box, $.50 Adult Lunch Price, $3.00	24 **Taco Bar w/ the Works!** **Lettuce, Tomato, Cheese** **Sour Cream, Salsa, Peppers** ♥ Spanish Rice ♥Fresh Homemade Coleslaw ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	25 **Brunch for Lunch** **Piping Hot Waffles** ♥Baked Breakfast Ham ♥Seasoned Sweet N White Potatoes ♥Homemade Healthy Crisp ♥Assorted Juice or ♥Fresh Fruit ♥Farm Fresh Milk	26 **No School**	27 **No School**	28 **No School**

Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at www.abbeygroup.net
If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential
Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.