

Menus for
NOVEMBER
2009



ROBINSON ELEMENTARY SCHOOL
This institution is an equal opportunity provider and employer.

Buy Local

We support local New England Companies

Saputo Cheese Co.
Cold Hollow Cider
Sunrise Orchards
Vt. Country Farms
McKenzie
Lewis Creek Farm
Mazza Farm Stand
Westminster Cracker Co.
Sentinel Orchards
Cabot Cooperative
Champlain Orchards
New England Coffee



Reduced students are eligible for FREE BREAKFAST!

Menus are on the web at:
www.abbeygroup.net

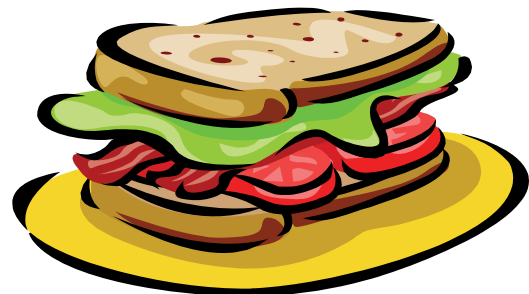


DAILY BREAKFAST OPTIONS

Mon: Chef's Choice
Tues: Ham & Cheese Bagel
Wed: Combo Bars
Thurs: Sausage & Cheese Muffin
Fri: Cinnamon Buns
**Cereal, Fruit, Milk and Juice offered daily

REQUIRED COURSE

We don't consider lunch to be optional. Every kid needs to eat a good midday meal to be able to learn well. That's why we work hard to keep our meal prices as low as possible. And that's also why we provide free and reduced-price meals for families that qualify. Please let us know if you have any questions .



Breakfast

Lunch

Regular \$1.00
Reduced \$0.00
Adult \$1.25

Regular \$2.00
Reduced \$0.40
Adult \$3.50

Monday, Nov. 2

Chef's Creation

Fish- n-Chips
Fish Nuggets & Fries

Creamy Tarter
Sauce
Apple Sauce
Cups

Homemade
Wheat Dinner
Rolls

Tuesday, Nov. 3

Chef's Creation

Hearty
Chicken & Biscuits
Creamy Gravy & Chicken

Mixed Vegetables

Cranberry Sauce

Wed., Nov. 4

Chef's Creation

Nachos Supreme
Meat & Cheese
Salsa, Peppers,
Tomatoes, Black
Olives & Sour Cream
Homemade
Spanish Rice
& Tasty Corn

Happy Birthday Cake
Happy Birthday
Novemberites

Thurs., Nov. 5

Chef's Creation

Baked Potato
Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Side
Caesar Salad

Homemade
Wheat Dinner
Rolls

Friday, Nov. 6

Chef's Creation

Freshly Made
Pepperoni Or
Cheese Pizza

Garden Tossed
Salad

Chilled Fruit Cups

Monday, Nov. 9

Chef's Creation

Oven Baked
Chicken
Sandwich

Baked Potato
Puffs

Cherry Tomatoes

Tuesday, Nov. 10

Chef's Creation

Ham & Cheese
Double Decker
Ham , Cheese & Dough

Savory Rice Pilaf

Garden Tossed
Salad

Wed., Nov. 11

Chef's Creation

Spaghetti
w/ Meat Or Cheese
Sauce

Steamed Broccoli
Florets

Homemade
Garlic
Bread

Thurs., Nov. 12

Chef's Creation

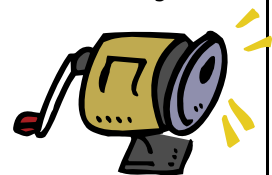
Beef & Cheese
Quesadillas

Garden Salsa

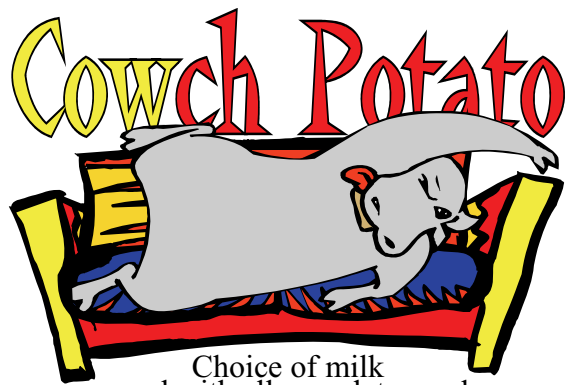
White Rice with
Seasonal Veggies

Friday, Nov. 13

**In-Service
Day**



**Our teachers
are busy sharp-
ening their
skills for you!**



Choice of milk served with all complete meals:
 Low-fat White & Low-fat Chocolate
 Milk \$0.50 Juice \$0.50

Available Daily

*Hoagie of the Day
 Mon.: Ham & Cheese
 Tues: Turkey & Cheese
 Wed: Bologna & Cheese
 Thurs: Tuna
 Fri: Egg Salad

*Garden Fresh Chef Salad

*Vegetarian Options
 *Farm Fresh Milk

*Asst. Juice & Fresh Fruit



Monday, Nov. 16

Chef's Creation

BBQ Rib Sandwich

Seasoned Potato Wedges
 Glazed Carrots

Homemade Wheat Dinner Rolls

Tuesday, Nov. 17

Chef's Creation

Brunch For Lunch
 Egg & Cheese Burritos

Garden Fresh Salsa
 Hash Brown

Homemade Fruit Crisp

Wed., Nov. 18

Chef's Creation

Hearty Chicken Noodle Soup w/ Crackers

Grilled Cheese Sandwich

Veggie Sticks & Low-fat Dip

Thurs., Nov. 19

Thanksgiving Feast

Carved Roast Turkey
 Mashed Potato Stuffing
 Brilliant Green Peas
 Chilled Cranberry Sauce
 Savory Gravy
 Homemade Dinner Rolls
 Homemade Pumpkin Bars

Friday, Nov. 20

Chef's Creation

Freshly Made Pepperoni & Cheese Pizza

Garden Tossed Salad

Chilled Fruit Cups

Monday, Nov. 23

Chef's Creation

Dress Your Own Roasted Hot Dog
 Ketchup, Mustard, Onions & Relish

Homemade Pasta Salad

Cucumber Sticks

Tuesday, Nov. 24

Chef's Creation

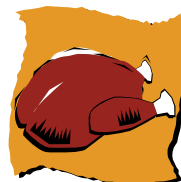
Taco Bar W/ the Works
 Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.

Spanish Rice

Creamy Coleslaw

Wed., Nov. 25

No School



Thurs., Nov 26

No School



Friday, Nov 27

No School



Monday, Nov. 30

Localvore Day

New England Sweet Italian Sausage
 Served on Steak Roll

Fresh Potato Wedges
 Spinach Salad w/ Vinaigrette

New England Apple Dessert

Taste Test Available



KEEPING THE LUNCHLINE MOVING.

Pay for your students meals with our easy on-line bill pay system. Go to:
www.abbeygroup.net/lunchprepay



PAY NO ATTENTION TO THAT BIRD!



The clock has not run out!
 We accept applications for free and reduced-price meals all year long.
 It's never too late!

Get in touch with your school today to learn more about free and reduced-price meals in our district