

This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.00
Reduced Free
Adult \$1.50

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.00

Milk \$0.50



Monday, May 3

Roast Beef
French Dip on
Crusty Bread
Served w/ Au Jus

Roasted Red Potato
Piping Hot Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 4

Creamy
Chicken Alfredo
Chicken, Pasta, Cheese

Steamed Broccoli
Chilled Fruit Cups
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Wed., May 5

CINCO DE MAYO
Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes,
Black Olives & Sour Cream
Tortilla Chips

Spanish Rice
Seasoned Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 6

Baked Potato
Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Caesar Salad
Homemade
Wheat Rolls

Fresh Fruit
Farm Fresh Milk

Friday, May 7

Italian Style
Calzones
Pepperoni, Ham & Veggie

Garden Salad
Low-fat Dressing
Jell-O with Fruit

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Spaghetti
Meat & Marinara
Sauce

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tuesday, May 11

Chicken & Cheese
Quesadillas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/
Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 12

Homemade
Ham & Cheddar
Quiche
* New Taste Test

Baked Hash brown
Toasted English Muffin
Fresh Sliced Melon

Fresh Fruit
Farm Fresh Milk

Thursday, May 13

Hearty
Chicken Noodle
Soup w/ Crackers

Grilled Cheese
Garden Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, May 14

**TEACHER
INSERVICE
NO SCHOOL**

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup

Tues: Sausage & Cheese and Egg
& Cheese Muffins

Wed: Healthy Breakfast Pizza

Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels

Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!

Monday, May 17

Buffalo Chicken Wrap

Cheese, Lettuce, & Tomato Ranch or Blue Cheese

Ranch Rice Pilaf
Fresh Broccoli Sprigs
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 18

Homemade Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

Homemade Chicken Ranch Double Decker
* New Taste Test

Carrot & Celery Sticks
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day

Sweet New England Italian Sausage on a Steak Roll with Onions and Peppers

Seasoned New England Potato Wedges with Fresh Herbs
Apple Sauce Cups

Fresh Fruit
Farm Fresh Milk

Friday, May 21

Beef & Cheese Enchiladas
Sour Cream & Salsa

Spanish Rice
Flavorful Corn
Seasoned Black Beans w/ Cilantro

Fresh Fruit
Farm Fresh Milk



BUY LOCAL

We support local New England Companies

Saputo Cheese Co.
Cold Hollow Cider
Sunrise Orchards
Vt. Country Farms
McKenzie
Cabot Cooperative
Westminster Cracker
Sentinel Orchards

Monday, May 24

Dockside Fish Sandwich
On Wheat Roll

French Fries
Creamy Coleslaw
Tarter Sauce

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Frito Lay Day
Taco Bar
W/ the Works

Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese. Frito Lay Scoops or Reduced Fat Doritos

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Beef Broccoli Stir Fry
Served over
White Rice
Topped with
Chow Mein Noodles

Sautéed Cabbage
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

End of Year BBQ

Grilled Burgers and Hot Dogs
(Lettuce, Tomato, Pickles & Cheese)
Vegetarian Option
Summertime Salads

Potato Chips
Watermelon Bomb Pops
Farm Fresh Milk

Friday, May 28

Homemade Cheesy Bread Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

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Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

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Monday, May 31

Memorial Day
No School

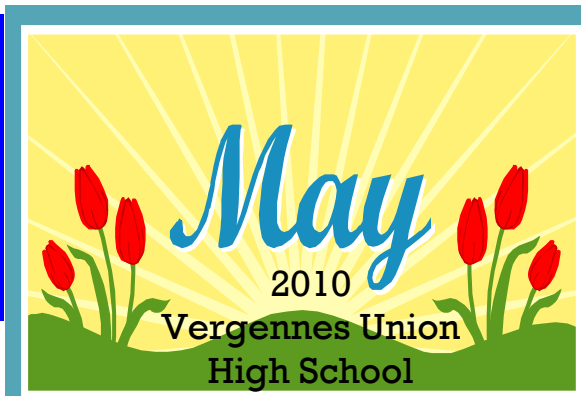


Looking for a job that lets you be at home when your family needs you there?



Come join our team!

Call today for more information.
866-933-4205
X24



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Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!