



This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices	
Breakfast	
Paid	\$1.00
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$2.00
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50



Monday, May 3

Super Sack Monday

Bagel Pizza w/
Cheese & Sauce
OR
Chicken Sandwich
w/Lettuce &
Tomato

Fresh Baby Carrots
Apple Slices
Fun Fetti Cookie
Farm Fresh Milk

Tuesday, May 4

Creamy
Chicken Alfredo
Chicken, Pasta, Cheese

Steamed Broccoli
Chilled Fruit Cups
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Wed., May 5

CINCO DE MAYO
Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes,
Black Olives & Sour Cream
Tortilla Chips

Spanish Rice
Seasoned Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 6

Baked Potato
Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Caesar Salad
Homemade
Wheat Rolls

Fresh Fruit
Farm Fresh Milk

Friday, May 7

Freshly Made
Pepperoni &
Cheese Pizza

Garden Salad
Low Fat Dressings
Plump Raisins

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Super Sack Monday

Bagel Pizza w/
Cheese & Sauce
OR
Chicken Sandwich
w/Lettuce &
Tomato

Fresh Baby Carrots
Apple Slices
Fun Fetti Cookie
Farm Fresh Milk

Tuesday, May 11

Chicken & Cheese
Quesadillas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/
Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 12

Scrambled Eggs
With Toasted
English Muffin

Hash Browns
Sausage Links
Blueberry Crisp

Fresh Fruit
Farm Fresh Milk

Thursday, May 13

Hearty
Chicken Noodle
Soup w/ Crackers

Grilled Cheese
Garden Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, May 14

Big Lenny Day
Dress Your Own
Burger

(Lettuce, Tomato,
Pickles & Cheese)
Summertime
Salad
Chilled
Watermelon
Potato Chips
Scooped Ice
Cream
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup

Tues: Sausage & Cheese and Egg
& Cheese Muffins

Wed: Healthy Breakfast Pizza

Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels

Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!

Monday, May 17

Super Sack Monday

Bagel Pizza w/
Cheese & Sauce
OR
Chicken Sandwich
w/Lettuce &
Tomato

Fresh Baby Carrots
Apple Slices
Fun Fetti Cookie
Farm Fresh Milk

Tuesday, May 18

Homemade
Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

BBQ Pulled Pork
Sandwich on a
Wheat Roll

Garden Pasta Salad
Freshly Chilled
Melon

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day
McKenzie Hotdogs
With all the fixings
Served in Bun

Seasoned New England
Potato Wedges with
Fresh Herbs
Apple Sauce Cups

Fresh Fruit
Farm Fresh Milk

Friday, May 21

Freshly Made
Pepperoni &
Cheese Pizza

Garden Salad
Low Fat Dressings
Fruit Shape Ups

Fresh Fruit
Farm Fresh Milk



BUY LOCAL

We support local New England
Companies
Russell Farm
Mazza Farm Stand
Westminster Cracker
Sentinel Orchards
Cabot Cooperative
Champlain Orchards
Saputo Cheese Co.
Cold Hollow Cider
Sugarbush Gardens & Maple Products
VT. Country Farms
McKenzie

Monday, May 24

Homemade
Cheesy Bread
Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Pasta Bar
Rotini or Spaghetti
Meat & Cheese Sauce

Tossed Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Oven Baked
Breaded Chicken

Garden Pasta Salad
Chilled Fruit Cups
Sliced Bread &
Butter
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

Frito Lay Day
Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.
Frito Lay Scoops or Reduced
Fat Doritos

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, May 28

**Super Sack
1/2 Day**
Turkey Grinder
w/Lettuce &
Tomato
OR
Chicken Sandwich
w/Lettuce &
Tomato

Fresh Baby Carrots
Apple Slices
Fun Fetti Cookie
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

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Monday, May 31

Memorial
Day
No School



**Looking for a job
that lets you be
at home when
your family
needs you
there?**



**Come
join
our
team!**

Call today for
more
information.
866-933-4205
X24



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Daily Breakfast Options

- Mon:** French Toast Sticks w/
Warm syrup
- Tues:** Sausage & Cheese and Egg
& Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels
and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!