



This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.00
Reduced Free
Adult \$1.50

Lunch

Paid \$1.75
Reduced \$0.40
Adult \$3.00

Milk \$0.50



Monday, May 3

BBQ Pulled Pork Sandwich on Wheat Roll

Potato Wedges
Steamed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 4

Home Style Macaroni & Cheese

Steamed Broccoli
Chilled Fruit Cups
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Wed., May 5

CINCO DE MAYO
Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes,
Black Olives & Sour Cream
Tortilla Chips

Spanish Rice
Seasoned Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 6

Baked Potato Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Caesar Salad
Homemade
Wheat Rolls

Fresh Fruit
Farm Fresh Milk

Friday, May 7

Freshly Made
Pepperoni &
Cheese Pizza

Garden Salad
Low Fat Dressings
Dried Cranberries

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Spaghetti
Meat & Marinara
Sauce

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tuesday, May 11

Chicken & Cheese
Quesadillas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/
Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 12

Scrambled Eggs
With Toasted
English Muffin

Hash Browns
Sausage Links
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Thursday, May 13

Hearty
Chicken Noodle
Soup w/ Crackers

Grilled Cheese
Garden Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, May 14

Freshly Made
Pepperoni &
Cheese Pizza

Vegetable Sticks
Ranch Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!



Monday, May 17

Baked Chicken Nuggets
With Dipping Sauce

Mashed Potatoes
Steamed Broccoli
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tuesday, May 18

Homemade Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

Grilled Hot Dogs
w/ all the fixings

Potato Salad
Mixed Fruit

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day
Roasted Turkey w/Gravy

Stuffing
Local Mashed Potato
Seasoned Carrots
Warm Local Apple Bread

Fresh Fruit
Farm Fresh Milk

Friday, May 21

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Fruit Shape Ups

Fresh Fruit
Farm Fresh Milk

BUY LOCAL 

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards



Monday, May 24

Oven Baked Breaded Chicken

French Fries
Creamy Coleslaw
Pumpkin Muffins

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Pasta Bar
Rotini or Spaghetti
Meat & Cheese Sauce

Tossed Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Ham & Cheese Melt on a Wheat Bagel

Garden Pasta Salad
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

Frito Lay Day

Taco Bar
W/ the Works
Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese. Frito Lay Scoops or Reduced Fat Doritos

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, May 28

Homemade Cheesy Bread Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce
Sliced Peaches

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 31

Memorial Day
No School



Looking for a job that lets you be at home when your family needs you there?

Come join our team!



Call today for more information.
866-933-4205
X24

May
2010
Proctor Elementary



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Daily Breakfast Options

- Mon:** French Toast Sticks w/ Warm syrup
- Tues:** Sausage & Cheese and Egg & Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing

**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

