



This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

NH Farm to School Program Get Smart. Eat Local A project to connect New Hampshire Farms and Schools	
Prices	
Breakfast	
Paid	\$1.00
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.80
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50



Monday, May 3

Chicken Sandwich
Served on Wheat
Roll

French Fries
Seasoned Green
Beans
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 4

Creamy
Chicken Alfredo
Chicken, Pasta, Cheese

Steamed Broccoli
Chilled Fruit Cups
Homemade
Blueberry Muffins

Fresh Fruit
Farm Fresh Milk

Wed., May 5

CINCO DE MAYO

Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes,
Black Olives & Sour Cream
Tortilla Chips

Spanish Rice
Seasoned Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 6

Baked Potato
Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Caesar Salad
Homemade
Wheat Rolls

Fresh Fruit
Farm Fresh Milk

Friday, May 7

French Bread
Pizza

Garden Salad
Low Fat Dressings
Blueberry Cobbler

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Garden Fresh Salad Bar
Stoney Field Yogurt &
String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Spaghetti
Meat & Marinara
Sauce

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tuesday, May 11

End of Year BBQ

Grilled Burgers
and Hot Dogs
(Lettuce, Tomato,
Pickles & Cheese)

Vegetarian Option
Summertime
Salads
Potato Chips
Watermelon
Bomb Pops
Farm Fresh Milk

Wed., May 12

Brunch for Lunch
Waffles w/
Maple Syrup or
Blueberry Sauce

Hash Browns
Sausage Links
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Thursday, May 13

Open Face Hot
Turkey Sandwich
w/Gravy

Baked Beans
Garden Salad
Fruit Cups
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, May 14

Freshly Made
Pepperoni &
Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup

Tues: Sausage & Cheese and Egg
& Cheese Muffins

Wed: Healthy Breakfast Pizza

Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels

Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!

Monday, May 17

Baked Chicken Nuggets
With Dipping Sauce

Mashed Potatoes
Steamed Peas
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tuesday, May 18

Homemade Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

Chicken & Cheese Quesadillas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/ Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day
Home Style Macaroni & Cheese
w/Diced Ham

Seasoned New England Potato Wedges with
Fresh Herbs
Fruit Cups
Apple Muffins

Fresh Fruit
Farm Fresh Milk

Friday, May 21

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Fruit Shape Ups

Fresh Fruit
Farm Fresh Milk



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Cortland Orchards
- Dutton Farm
- Deer Ridge Farm
- Windham Farm to School Distribution
- Fertile Fields
- Green Mtn. Orchard



Monday, May 24

Fun Shaped Fish Nuggets
Tarter Sauce

Oven Baked French Fries
Seasoned Green Beans
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Pasta Bar
Rotini or Spaghetti
Meat & Cheese Sauce

Tossed Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Ham & Cheese Melt on a Wheat Bagel

Baked Beans
Steamed Peas
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.
Taco Shell

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, May 28

Homemade Cheesy Bread Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Garden Fresh Salad Bar
Stoney Field Yogurt &
String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 31

Memorial Day
No School



Looking for a job that lets you be at home when your family needs you there?



Come join our team!

Call today for more information.
866-933-4205
X24



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Daily Breakfast Options

- Mon:** French Toast Sticks w/ Warm syrup
- Tues:** Sausage & Cheese and Egg & Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!