

This institution is an equal opportunity provider and employer.

Prices	
Breakfast	
Paid	\$1.00
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50



Comments or
Suggestions?

Call or email
The Abbey Group

1-800-696-4748
coments@abbeygroup.net

Pay for meals on-line at

Keeping the lunchline moving.™



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm
to access school menus, online pre-pay and food policy statements.

Mon., March 1

Chicken Sandwich
Served on Wheat Roll

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tues., March 2

Creamy Chicken Alfredo
Chicken, Pasta, Cheese

Steamed Broccoli
Chilled Fruit Cups
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Wed., March 3

Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.

Spanish Rice
Creamy Coleslaw

Fresh Fruit
Farm Fresh Milk

Thurs., March 4

Chilled Tuna Boat

Oven Baked French Fries
Seasoned Green Beans
Apple/Blueberry Crisp

Fresh Fruit
Farm Fresh Milk

Friday, March 5

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Jell-O with Fruit

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli

Garden Fresh Salad Bar

Cabot Yogurt & String Cheese

Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Mon., March 8

National School Breakfast Week
Bake Rotini
Whole Wheat Rotini,
Meat, Red Sauce & Cheese

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tues., March 9

National School Breakfast Week
Chicken Fajitas
Sour Cream & Salsa

Steamed White Rice
Roasted Zucchini
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., March 10

National School Breakfast Week
French Toast Casserole
w/ Warm Syrup

Hash Browns
Sausage Links
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Thurs., March 11

National School Breakfast Week
Hearty Chicken Noodle Soup w/ Crackers

Grilled Cheese
Garden Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, March 12

National School Breakfast Week
Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup

Tues: Sausage & Cheese and Egg & Cheese Muffins

Wed: Healthy Breakfast Pizza

Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels

Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

Mon., March 15

Baked Chicken Nuggets
With Dipping Sauce

Ranch Rice Pilaf
Steamed Broccoli
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tues., March 16

Homemade Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., March 17

Happy St. Patrick's Day
Homemade Sheppard's Pie

Pot of Gold Veggies
Warm Irish Soda Bread
Green Jell-o w/
Mixed Fruit
Fresh Fruit
Farm Fresh Milk

Thurs., March 18

Localvore Day
McKenzie Hotdogs
With all the fixings

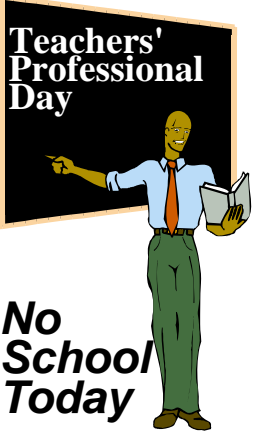
Tuna Mac Salad
Vegetable Sticks

Warm Apple Sauce Cup
with New England Apples & Cinnamon

Farm Fresh Milk

Friday, March 19

Teachers' Professional Day



No School Today



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Mighty Food Farm
- Green River Produce
- Youth Horticultural Group MAUHS
- Cabot Cooperative
- Westminster Crackers
- Vt. Country Farms
- McKenzie

Mon., March 22

Dress Your Own Burger
Lettuce, Tomato, Cheese, Onions & Pickle

Pasta Salad
Mouthwatering Corn

Fresh Fruit
Farm Fresh Milk

Tues., March 23

Pasta Bar
Macaroni or Spaghetti
Meat & Cheese Sauce

Garden Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., March 24

Hearty Homemade Turkey Potpie

Mixed Vegetables
Cranberry Sauce
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., March 25

Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes, Black Olives & Sour Cream

Spanish Rice
Creamy Cole Slaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, March 26

Homemade Cheesy Bread Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Looking for a job that lets you be at home when your family needs you there?



Come join our team!

Call today for more information.
866-933-4205 X24

Mon., March 29

Chicken Lo mien Chinese Style
Chicken, Veggies, Soy Sauce

Chilled Mandarin Orange Cups
Homemade Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Tues., March 30

Oven Baked Breaded Chicken

Seasoned Potato Wedges
Steamed Corn
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Wed., March 31


EARLY DISMISSAL
Wheat Pancakes w/Syrup

Baked Ham Slice
Oven Baked Hash Brown
Fruit Cups


Fresh Fruit
Farm Fresh Milk



The Abbey Group



Menus for March 2010



MOLLY STARK MUNCHATORIUM

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