

This institution is an equal opportunity provider and employer.

Prices	
Breakfast	
Paid	\$0.85
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50



Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748
coments@abbeygroup.net

Pay for meals on-line at

Keeping the lunchline moving.™



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm
to access school menus, online pre-pay and food policy statements.

Mon., March 1	Tues., March 2	Wed., March 3	Thurs., March 4	Friday, March 5
Chicken Sandwich Served on Wheat Roll	Creamy Chicken Alfredo Chicken, Pasta, Cheese	Taco Bar W/ the Works <small>Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.</small>	Sweet Italian Sausage Sub (Onions & Peppers)	Freshly Made Pepperoni & Cheese Pizza
Potato Wedges Glazed Carrots	Steamed Broccoli Chilled Fruit Cups Fruit Muffins	Spanish Rice Creamy Coleslaw	Garden Salad Homemade Wheat Rolls	Garden Salad Low Fat Dressings Jell-O with Fruit
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli

Garden Fresh Salad Bar

Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Mon., March 8	Tues., March 9	Wed., March 10	Thurs., March 11	Friday, March 12
National School Breakfast Week Spaghetti Meat & Marinara Sauce	National School Breakfast Week Chicken & Cheese Quesadillas Sour Cream & Salsa	National School Breakfast Week French Toast w/ Warm Syrup	National School Breakfast Week Hearty Chicken Noodle Soup w/ Crackers	National School Breakfast Week Freshly Made Pepperoni & Cheese Pizza
Garden Salad Low-fat Dressing Garlic Bread Sticks	Steamed White Rice Roasted Zucchini	Hash Browns Sausage Links Fruit Cups	Grilled Cheese Garden Salad Happy Birthday Cake	Vegetable Sticks w/Ranch Dip Fruit Cups
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk

Daily Breakfast Options

Mon: Ham & Cheese Bagel
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Combo Bars
Thurs: Sausage & Cheese Bagels
Friday: Cinnamon Buns w/Icing

**Cereal, Bagels, Muffins, Fruit, and Milk EVERYDAY!

Mon., March 15

Italian Hot Meatball Sub

Ranch Rice Pilaf
Steamed Broccoli
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tues., March 16

BBQ Pork Rib Sandwich on Wheat Roll

Pasta Salad
Garden Salad

Fresh Fruit
Farm Fresh Milk

Wed., March 17

Happy St. Patrick's Day

Homemade Sheppard's Pie

Pot of Gold Veggies
Warm Irish Soda Bread
Lucky Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., March 18

Localvore Day

McKenzie Hotdogs With all the fixings

Tuna Mac Salad
Vegetable Sticks

Warm Apple Sauce Cup with New England Apples & Cinnamon

Farm Fresh Milk

Friday, March 19

Teachers' Professional Day

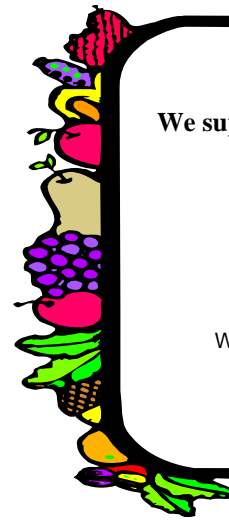


No School Today

BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Mazza Farm Stand
- Westminster Cracker Co.
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- New England Coffee



Mon., March 22

Dress Your Own Burger
Lettuce, Tomato, Cheese, Onions & Pickle

Pasta Salad
Mouthwatering Corn

Fresh Fruit
Farm Fresh Milk

Tues., March 23

Pasta Bar
Macaroni or Spaghetti
Meat & Cheese Sauce

Garden Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., March 24

Hearty
Homemade
Turkey Potpie

Mixed Vegetables
Cranberry Sauce
Ice Cream
Novelties

Fresh Fruit
Farm Fresh Milk

Thurs., March 25

Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes, Black Olives & Sour Cream

White Rice
Creamy Cole Slaw

Fresh Fruit
Farm Fresh Milk

Friday, March 26

Homemade
Cheesy Bread
Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Looking for a job that lets you be at home when your family needs you there?

Come join our team!



Call today for more information.
866-933-4205 X24

Mon., March 29

Oven Baked Breaded Chicken

Seasoned Potato Wedges
Steamed Corn
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tues., March 30

Ham & Cheese Double Decker

Garden Salad
Steamed Carrots

Fresh Fruit
Farm Fresh Milk

Wed., March 31

Chicken Lo mien Chinese Style
Chicken, Veggies, Soy Sauce

Chilled Mandarin Orange Cups
Homemade Fruit Muffins

Fresh Fruit
Farm Fresh Milk



Menus for March 2010



LEICESTER CENTAL SCHOOL

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