



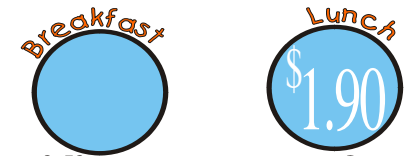
This institution is an equal opportunity provider and employer.

Prices	
Breakfast	
Paid	
Reduced	
Adult	
Lunch	
Paid	\$1.90
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50

Comments or Suggestions?  
Call or email  
The Abbey Group

1-800-696-4748  
coments@abbeygroup.net

**Pay for meals on-line at**



**Providing parents a safe secure way to manage food service payments and to look up account balances.**

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm) to access school menus, online pre-pay and food policy statements.

**Mon., March 1**

Chicken Sandwich Served on Wheat Roll  
  
Potato Wedges  
Glazed Carrots  
Low-Fat Dessert  
  
Fresh Fruit  
Farm Fresh Milk

**Tues., March 2**

Creamy Chicken Alfredo  
Chicken, Pasta, Cheese  
  
Steamed Broccoli  
Chilled Fruit Cups  
Blueberry Muffins  
  
Fresh Fruit  
Farm Fresh Milk

**Wed., March 3**

Taco Bar W/ the Works  
Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.  
  
Spanish Rice  
Creamy Coleslaw  
Low-Fat Dessert  
  
Fresh Fruit  
Farm Fresh Milk

**Thurs., March 4**

Baked Potato Bar  
Seasoned Beef, Bacon Bits, Cheese Sauce, Broccoli, Sour Cream & Chives  
  
Caesar Salad  
Homemade Wheat Rolls  
  
Fresh Fruit  
Farm Fresh Milk

**Friday, March 5**

Freshly Made Pepperoni & Cheese Pizza  
  
Garden Salad  
Low Fat Dressings  
Jell-O with Fruit  
  
Fresh Fruit  
Farm Fresh Milk

**Available Daily Meal Options**

Hoagieville Deli  
Garden Fresh Salad Bar  
Stoney Field Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed  
  
The Abbey Group's meal options are prepared home-style daily with fresh local products!

**Mon., March 8**

National School Breakfast Week  
Spaghetti Meat & Marinara Sauce  
  
Garden Salad  
Low-fat Dressing  
Garlic Bread Sticks  
  
Fresh Fruit  
Farm Fresh Milk

**Tues., March 9**

Teachers' Professional Day  
  
**No School Today**

**Wed., March 10**

National School Breakfast Week  
Pancakes w/ Warm Syrup  
  
Hash Browns  
Sausage Links  
Fruit Cups  
  
Fresh Fruit  
Farm Fresh Milk

**Thurs., March 11**

National School Breakfast Week  
Hearty Chicken Noodle Soup w/ Crackers  
  
Mozzarella Sticks  
Garden Salad  
Happy Birthday Cake  
  
Fresh Fruit  
Farm Fresh Milk

**Friday, March 12**

National School Breakfast Week  
Freshly Made Pepperoni & Cheese Pizza  
  
Vegetable Sticks  
Hummus Dip  
Fruit Cups  
  
Fresh Fruit  
Farm Fresh Milk



Mon., March 15	Tues., March 16	Wed., March 17	Thurs., March 18	Friday, March 19
Baked Chicken Nuggets With Dipping Sauce	Homemade Goulash Beef, Red Sauce, Pasta	<b>Happy St. Patrick's Day</b> Homemade Sheppard's Pie	<b>Localvore Day</b> McKenzie Hotdogs With all the fixings	Freshly Made Pepperoni & Cheese Pizza
Ranch Rice Pilaf Steamed Broccoli Wheat Dinner Roll	Side Caesar Salad Homemade Garlic Bread Sticks	Pot of Gold Veggies Warm Irish Soda Bread Hoodsie Ice Cream Cups	Baked Beans Vegetable Sticks	Garden Salad Low Fat Dressings Chilled Fruit Cups
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Warm Apple Sauce Cup with New England Apples & Cinnamon Farm Fresh Milk	Fresh Fruit Farm Fresh Milk



**BUY LOCAL**

We support local New England Companies

- Mack's Apples
- New England Coffee
- Stony Fields
- Garellick Farms
- Westminster Cracker
- Cabot
- Sunrise Orchards
- McKenzie
- Saputo Cheese Company
- Cold Hollow Cider
- Vt. Country Farms

Mon., March 22	Tues., March 23	Wed., March 24	Thurs., March 25	Friday, March 26
Dress Your Own Burger Lettuce, Tomato, Cheese, Onions & Pickle	Pasta Bar Macaroni or Spaghetti Meat & Cheese Sauce	Open Face Hot Turkey Sandwich	Nachos Supreme Meat & Cheese Salsa, Peppers, Tomatoes, Black Olives & Sour Cream	Homemade Cheesy Bread Sticks
Pasta Salad Mouthwatering Corn	Garden Salad Low-Fat Dressing Garlic Bread Sticks	French Fries Chilled Fruit Cup Cranberry Crunch Bars	Spanish Rice Creamy Cole Slaw Low-Fat Dessert	Vegetable Soup Garden Salad Marinara Dipping Sauce
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk

**Looking for a job that lets you be at home when your family needs you there?**

**Come join our team!**



Call today for more information.  
866-933-4205 X24

Mon., March 29	Tues., March 30	Wed., March 31
Oven Baked Breaded Chicken	Italian Style Meatball Sub	Chicken & Cheese Quesadilla
Seasoned Potato Wedges Green Peas Wheat Dinner Roll	Garlic Rotini Chilled Fruit Cup	Steamed Rice Seasoned Green Beans Chilled Fruit Cup
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk




Menus for March 2010

**GOLDEN BROOK SCHOOL**

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