

This institution is an equal opportunity provider and employer.

Prices	
Breakfast	
Paid	\$0.85
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.80
Reduced	\$0.40
Adult	\$3.50
Milk	\$0.75



Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748
coments@abbeygroup.net

Pay for meals on-line at
Meals Plus
Keeping the lunchline moving.™



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm
to access school menus, online pre-pay and food policy statements.

Mon., March 1

NO SCHOOL WINTER BREAK

Tues., March 2

NO SCHOOL WINTER BREAK

Wed., March 3

Chicken Sandwich Served on Wheat Roll

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., March 4

Localvore Day
Vermont Baked Potato Bar
Seasoned Beef, Bacon Bits, Cheese Sauce, Broccoli, Sour Cream & Chives
Spinach Salad w/Maple Vinaigrette
Homemade Wheat Roll

Fresh Fruit
Farm Fresh Milk

Friday, March 5

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Jell-O with Fruit

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli

Garden Fresh Salad Bar

Cabot Yogurt & String Cheese

Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Mon., March 8

National School Breakfast Week
Spaghetti Meat & Marinara Sauce

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tues., March 9

National School Breakfast Week
Chicken & Cheese Fajitas
Sour Cream & Salsa

Steamed Brown Rice
Roasted Zucchini
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., March 10

National School Breakfast Week
Piping Hot Waffles w/ Warm Syrup

Hash Browns
Sausage Links
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Thurs., March 11

National School Breakfast Week
Hearty Chicken Noodle Soup w/ Crackers

Grilled Cheese
Garden Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, March 12

National School Breakfast Week
Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks
Tues: Ham & Cheese Bagel
Wed: Breakfast Pizza Pockets
Thurs: Sausage & Cheese Muffin
Friday: Cinnamon Buns w/Icing

**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

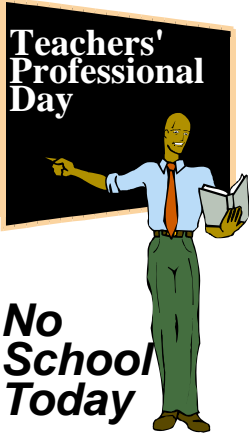
Mon., March 15	Tues., March 16	Wed., March 17	Thurs., March 18	Friday, March 19
Baked Chicken Nuggets With Dipping Sauce	Taco Bar W/ the Works <small>Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.</small>	Happy St. Patrick's Day Homemade Sheppard's Pie	Roasted Hotdogs With all the fixings	Freshly Made Pepperoni & Cheese Pizza
Ranch Rice Pilaf Steamed Broccoli Wheat Dinner Roll	Spanish Rice Creamy Coleslaw Low-fat Dessert	Pot of Gold Veggies Warm Irish Soda Bread Lucky Low-Fat Dessert	Pasta Salad w/ Tuna Vegetable Sticks	Garden Salad Low Fat Dressings Fruit Shape Ups
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Warm Apple Sauce Cup with New England Apples & Cinnamon Farm Fresh Milk	Fresh Fruit Farm Fresh Milk



BUY LOCAL

We support local New England Companies

- Maplewood Organics
- Stone Hollow Farm
- Forgotten Thyme Farm
- Green Heron Farm
- Flack Family Farms
- Sentinel Orchards
- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie

Mon., March 22	Tues., March 23	Wed., March 24	Thurs., March 25	Friday, March 26
Dress Your Own Burger <small>Lettuce, Tomato, Cheese, Onions & Pickle</small>	Baked Macaroni & Cheese w/Ham	Hearty Homemade Turkey & Biscuits	Nachos Supreme Meat & Cheese <small>Salsa, Peppers, Tomatoes, Black Olives & Sour Cream</small>	Teachers' Professional Day
Pasta Salad Mouthwatering Corn	Garden Salad Low-Fat Dressing Garlic Bread Sticks	Mixed Vegetables Cranberry Sauce Low-Fat Dessert	Spanish Rice Creamy Cole Slaw Low-Fat Dessert	 No School Today
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	


Looking for a job that lets you be at home when your family needs you there?

Come join our team!



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866-933-4205 X24

Mon., March 29	Tues., March 30	Wed., March 31
Fun Shaped Fish Nuggets Tarter Sauce	Homemade Cheesy Bread Sticks	Oven Baked Breaded Chicken
Seasoned Potato Wedges Green Peas Wheat Dinner Roll	Tomato Beef Macaroni Soup Marinara Dipping Sauce	Roasted Vegetables Steamed Corn Homemade Wheat Dinner Rolls
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk

Menus for March 2010

FAIRFIELD CENTER SCHOOL

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