

This institution is an equal opportunity provider and employer.

Prices	
Breakfast	
Paid	\$1.00
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50



Comments or Suggestions?

Call or email  
The Abbey Group

1-800-696-4748  
coments@abbeygroup.net

**Pay for meals on-line at**  
  
*Keeping the lunchline moving.™*



**Providing parents a safe secure way to manage food service payments and to look up account balances.**

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm)  
to access school menus, online pre-pay and food policy statements.

**Mon., March 1**

**NO SCHOOL WINTER BREAK**

**Tues., March 2**

**NO SCHOOL WINTER BREAK**

**Wed., March 3**

Chicken Sandwich Served on Wheat Roll  
  
Potato Wedges  
Glazed Carrots  
Low-Fat Dessert  
  
Fresh Fruit  
Farm Fresh Milk

**Thurs., March 4**

Taco Bar  
W/ the Works  
Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.  
  
Spanish Rice  
Creamy Coleslaw  
Low-Fat Dessert  
  
Fresh Fruit  
Farm Fresh Milk

**Friday, March 5**

Freshly Made Pepperoni & Cheese Pizza  
  
Garden Salad  
Low Fat Dressings  
Jell-O with Fruit  
  
Fresh Fruit  
Farm Fresh Milk

**Available Daily Meal Options**

Pre-made Deli Sandwiches  
  
Pre-made Chef Salad  
  
Cabot Yogurt & String Cheese  
  
Vegetarian Options  
**OR**  
Hot Entrée listed  
  
The Abbey Group's meal options are prepared home-style daily with fresh local products!

**Mon., March 8**

National School Breakfast Week  
Spaghetti  
Meat & Marinara Sauce  
  
Garden Salad  
Low-fat Dressing  
Garlic Bread Sticks  
  
Fresh Fruit  
Farm Fresh Milk

**Tues., March 9**

National School Breakfast Week  
Chicken & Cheese Fajitas  
Sour Cream & Salsa  
  
Steamed White Rice  
Steamed Carrots  
Low-Fat Dessert  
  
Fresh Fruit  
Farm Fresh Milk

**Wed., March 10**

National School Breakfast Week  
French Toast Casserole  
w/ Warm Syrup  
  
Hash Browns  
Sausage Links  
Fruit Cups  
  
Fresh Fruit  
Farm Fresh Milk

**Thurs., March 11**

National School Breakfast Week  
Hearty Chicken Noodle Soup w/ Crackers  
  
Grilled Cheese  
Garden Salad  
Happy Birthday Cake  
  
Fresh Fruit  
Farm Fresh Milk

**Friday, March 12**

National School Breakfast Week  
Freshly Made Pepperoni & Cheese Pizza  
  
Vegetable Sticks  
Hummus Dip  
Fruit Cups  
  
Fresh Fruit  
Farm Fresh Milk  
**Taste Test Event**

**Daily Breakfast Options**

**Mon:** French Toast Sticks w/ Warm syrup  
**Tues:** Sausage & Cheese and Egg & Cheese Muffins  
**Wed:** Healthy Breakfast Pizza  
**Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels  
**Friday:** Cinnamon Buns w/Icing  
\*\*Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

**Mon., March 15**

Baked Chicken Nuggets  
With Dipping Sauce

Ranch Rice Pilaf  
Steamed Broccoli  
Wheat Dinner Roll

Fresh Fruit  
Farm Fresh Milk

**Tues., March 16**

Homemade Goulash  
Beef, Red Sauce, Pasta

Side Caesar Salad  
Homemade Garlic Bread Sticks

Fresh Fruit  
Farm Fresh Milk

**Wed., March 17**

**Happy St. Patrick's Day**  
Homemade Sheppard's Pie

Pot of Gold Veggies  
Warm Irish Soda Bread  
Lucky Low-Fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Thurs., March 18**

**Localvore Day**  
Baked Potato Bar  
Seasoned Beef, Bacon Bits, Cheese Sauce, Broccoli, Sour Cream & Chives  
**Braut's Ground Beef**  
Caesar Salad  
Homemade Zucchini/Carrot Muffin

Fresh Fruit  
Farm Fresh Milk

**Friday, March 19**

Freshly Made Pepperoni & Cheese Pizza

Garden Salad  
Low Fat Dressings  
Fruit Shape Ups

Fresh Fruit  
Farm Fresh Milk



**BUY LOCAL**

We support local New England Companies

- Cabot Cooperative
- Westminster Cracker
- Sentinel Orchards
- Coventry Community Garden
- Mazza's Farm Stand
- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchard
- Vt. Country Farms
- McKenzie

**Mon., March 22**

Chicken Lo mien Chinese Style  
Chicken, Veggies, Soy Sauce

Chilled Mandarin Orange Cups  
Homemade Fruit Muffins

Fresh Fruit  
Farm Fresh Milk

**Tues., March 23**

Pasta Bar  
Macaroni or Spaghetti  
Meat & Cheese Sauce

Garden Salad  
Low-Fat Dressing  
Garlic Bread Sticks

Fresh Fruit  
Farm Fresh Milk

**Wed., March 24**

Ham & Cheese Melt on a Wheat Bagel

Baked Tater Tots  
Steamed Carrots  
Low-Fat Dessert

Fresh Fruit  
Farm Fresh Milk

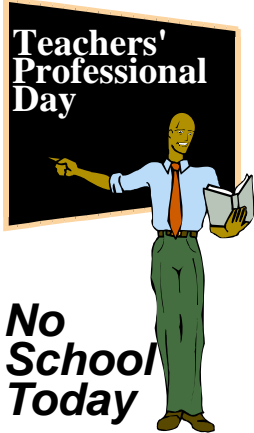
**Thurs., March 25**

Hearty Homemade Chicken Potpie

Mixed Vegetables  
Cranberry Sauce  
Low-Fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Friday, March 26**



**Teachers' Professional Day**

**No School Today**



**Looking for a job that lets you be at home when your family needs you there?**

**Come join our team!**

School Meals  
We serve education every day

Call today for more information.  
866-933-4205 X24

**Mon., March 29**

Nachos Supreme  
Meat & Cheese  
Salsa, Peppers, Tomatoes, Black Olives & Sour Cream

Spanish Rice  
Creamy Cole Slaw  
Low-Fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Tues., March 30**

Homemade Cheesy Bread Sticks

Vegetable Soup  
Garden Salad  
Marinara Dipping Sauce

Fresh Fruit  
Farm Fresh Milk

**Wed., March 31**

Oven Baked Breaded Chicken

Rice Pilaf w/ Vegetables  
Steamed Corn  
Dinner Roll

Fresh Fruit  
Farm Fresh Milk



Menus for March 2010

**COVENTRY VILLAGE SCHOOL**

This institution is an equal opportunity provider and employer.