



Monday

Tuesday

Wednesday

Thursday

Friday

<p>3</p> <p>No School</p>	<p>4</p> <p>No School</p>	<p>5</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Santa Fe Turkey Bacon Wrap w/ let., tom., bacon, & spicy. Ranch Homemade Macaroni Salad ♥Crunchy Vegetable Sticks & Dip ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>6</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Homemade Seasoned Meatloaf ♥Garlic Mashed Potatoes ♥Flavorful Green Peas ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>7</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or ♥Ginger Chicken Sir Fry ♥Assorted Sautéed Vegetables ♥Over White Rice Topped w/ Chow Mien Noodles ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>
<p>10</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Homemade Spaghetti ♥Meat or Marinara Sauce ♥Fresh Garden Tossed Salad ♥Italian/Garlic Dunker Bread ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>11</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Taco Bar w/ the Works! Lettuce, Tomato, Cheese Cabot Sour Cream, Salsa, Peppers ♥Spanish Rice ♥Fresh Homemade Coleslaw ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>12</p> <p>©Salad Bar, ©Deli, Food Express, ©Pizza, or Buffalo Style Chicken Wrap Blue Cheese and Buffalo Sauce ♥Crunchy Vegetable Sticks & Dip ♥Homemade Garden Pasta Salad ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>13</p> <p>Happy St. Patrick's Day Savory Corn Beef Dinner Corn Beef, Cabbage ♥Turnip, Carrots, & Potatoes ♥Irish Soda Bread ♥St. Patrick's Day Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>14</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Hearty Homemade Soup Grilled Ham & Cheese Sandwich Westminster VT Saltine Crackers ♥Fresh Garden Tossed Salad ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>
<p>17</p> <p>Daily Breakfast Menu Assorted Milk Assorted Juice or Fruit Assorted, Bagels, Hot Cereals, Cold Cereals, and Fruit Muffins, or Choose From A Specialty Entree</p> <p>Breakfast Only</p>	<p>18</p> <p>Breakfast Only</p>	<p>19</p> <p>Breakfast Only</p>	<p>20</p> <p>Spring Dinner Celebration Baked Glazed Ham ♥Creamy Mashed Potatoes ♥Tasty Glazed Carrots ♥Gravy & Cranberry Sauce ♥Homemade Healthy Dessert ♥Special Spring Dessert ♥Vermont Farm Fresh Milk</p>	<p>21</p> <p>Local Vermont Day Vermont Cheddar Potato Soup Westminster VT Crackers Grilled Cheese Sandwich ♥Vermont Country Salad ♥Vermont Vinaigrette Vermont Apple Dessert ♥Vermont Farm Fresh Milk</p>
<p>24</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Crunchy Popcorn Chicken ♥Chef Made Mashed Potatoes w/ Homemade Gravy ♥California Blended Vegetables ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>25</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Gourmet Stromboli Meat & Vegetable Fillings ♥Marinara Dipping Sauce ♥Crunchy Broccoli w/ Ranch Dip ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>26</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Pasta Bar w/ Cheese or Meat Sauce Rotini or Spaghetti ♥Garden Fresh Tossed Salad ♥Garlic Bread Sticks ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>27</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Cheesy Bread Sticks ♥Italian Marinara Sauce ♥Cheddar Broccoli Soup ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>28</p> <p>Breakfast Only</p>
<p>31</p> <p>♥Salad Bar, ♥Deli, Food Express, ♥Pizza, or Chicken Fajitas ♥Brown Rice Pilaf ♥Mouth Watering Corn ♥Cabot VT Sour Cream ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>Taste Test Event Feature Taste Test Vermont Cheddar Potato Soup March 21st</p>	<p>In Support of the Vermont agriculture community, The Abbey Group proudly directs our purchasing efforts to include locally grown produce & Vermont made products in our meal production in the cafeterias we manage.</p> <p>We proudly affiliate our efforts in our Nutritional Pursuits with The Vermont Feed Network and NOFA Organization.</p>	<p>♥Please note that highlighted items are premium nutritiously prepared items!</p> <p>We proudly use Vermont Apples</p>	



www.abbeygroup.net
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We make Bag Lunches For Field Trips Bag Lunch Menu
Choice of Grinder & Fixings
Assorted Chips
Assorted Fresh Fruit
Granola Bar
Vermont Farm Fresh Milk

Specialty Entrees Daily Selection Offered
Mon., Egg and Cheese Muffins
Ham & Cheese Bagels
Combo Bars
Sausage Muffins
Cinnamon Buns

Prices
Regular Priced Breakfast, \$1.00
Reduced Priced Breakfast, \$.30
Regular Priced Lunch, \$2.00
Reduced Priced Lunch, \$.40
Vermont Farm Fresh Milk, \$.40
Assorted Juice Box, \$.35
Adult Lunch Price, \$3.00

Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at www.abbeygroup.net
If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential!
Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.