

got milk?

Beeman Elementary

March 2008

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Dress Your Own Burger ♥pickles, lettuce, tomatoes, & cheese ♥Seasoned Green Peas ♥Seasoned Potatoes Wedges ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>4</p> <p>I Love To Read Week</p> <p>Cheesy Bread Sticks</p> <ul style="list-style-type: none"> ♥Hop on Pop Marinara Sauce ♥Hearty Alphabet Soup ♥Fresh Garden Tossed Salad ♥Dr. Seuss Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>5</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Homemade Meat or Veggie Lasagn ♥Crunchy Vegetable Sticks ♥Creamy Ranch Dip Garlic Dunker Bread ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>6</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Baked Potato Bar ♥Broccoli, Chili, Bacon Bits Creamy Cheese Sauce ♥Fresh Garden Tossed Salad ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>7</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or ♥Homemade Chili ♥Crisp Nacho Chips ♥Seasoned Corn ♥Side Caesar Salad ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk
<p>10</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Oven Baked Chicken Nuggets ♥Steamed Broccoli ♥Rice Pilaf with ♥Seasonal Vegetables ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>11</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Ham & Cheese Melt on a Whole Wheat Bagel ♥Oven Baked Potato Puffs ♥Seasoned Green Beans ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>12</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Taco Bar w/ the Works! Lettuce, Tomato, Cheese Cabot Sour Cream, Salsa, Peppers ♥Spanish Rice ♥Fresh Homemade Coleslaw ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>13</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Pepperoni or Chef's Specialty Pizza ♥Fresh Garden Tossed Salad ♥Chilled Fruit Cups Happy Birthday Marchites Happy Birthday Cake Assorted Juice or Fresh Fruit Vermont Farm Fresh Milk 	<p>14</p> <p>No School</p>
<p>17</p> <p>Daily Breakfast Menu</p> <ul style="list-style-type: none"> Assorted Milk Assorted Juice or Fruit Baby Carrots w/ Dip Assorted Cereals or Choose From A Specialty Entree 	<p>18</p> <p>Happy St. Patrick's Day</p> <ul style="list-style-type: none"> Mouthwatering Irish Stew Su'lach, Feoil, Prata ♥Irish Soda Bread ♥Yummy Fried Cabbage ♥Special Green Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>19</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or ♥Chicken Scampi ♥Chicken, Pasta, Broccoli ♥Chilled Fruit Cups ♥Whole Wheat Fruit Muffins ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>20</p> <p>Spring Dinner Celebration</p> <ul style="list-style-type: none"> Baked Glazed Ham ♥Creamy Mashed Potatoes ♥Tasty Glazed Carrots ♥Gravy & Cranberry Sauce ♥Homemade Healthy Dessert ♥Special Spring Dessert ♥Vermont Farm Fresh Milk 	<p>21</p> <p>Local Vermont Day</p> <ul style="list-style-type: none"> Vermont Cheddar Potato Soup Westminster VT Crackers Grilled Cheese Sandwich ♥Vermont Country Salad ♥Vermont Maple Vinaigrette Vermont Apple Dessert ♥Vermont Farm Fresh Milk
<p>24</p> <p>Weekly Specialty Entree</p> <p>Breakfast Menu</p> <p>Mon., Egg and Cheese Muffins</p> <p>Tues., Salsa & Chips</p> <p>Wed., Ham & Cheese Bagels</p> <p>Thurs., Breakfast Pizza</p> <p>Fri., Hard Boiled Egg or Yog</p>	<p>25</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Oven Baked Chicken Sandwich pickles, ♥lettuce, ♥tomatoes, & cheese ♥California Blended Vegetables ♥Rotini with Garlic Sauce ♥Homemade Healthy Dessert Assorted Juice or Fresh Fruit Vermont Farm Fresh Milk 	<p>26</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Homemade Spaghetti ♥Meat or Marinara Sauce ♥Fresh Garden Tossed Salad ♥Italian/Garlic Dunker Bread Irresistible Ice Cream Party ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>27</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Pepperoni or Chef's Specialty Pizza ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings ♥Chilled Applesauce Cups ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>28</p> <ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Pig -N- Blanket Frank Wrapped in Bread Dough ♥Mashed Potatoes ♥Glazed Carrots ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk
<p>31</p> <p>Prices</p> <ul style="list-style-type: none"> Regular Priced Breakfast, \$.85 Reduced Priced Breakfast, \$.30 Regular Priced Lunch, \$1.50 Reduced Priced Lunch, \$.40 Vermont Farm Fresh Milk, \$.40 Assorted Juice Box, \$.35 Adult Lunch Price, \$3.00 	<ul style="list-style-type: none"> ♥Healthy Salad, or ♥Deli Choices, or Brunch for Lunch Piping Hot Waffles ♥Baked Breakfast Sausage ♥Seasoned Sweet N White Potatoes ♥Homemade Healthy Crisp ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk 	<p>In Support of the Vermont agriculture community, The Abbey Group proudly directs it's purchasing efforts to include locally grown produce & Vermont made products in our meal production in the cafeterias we manage.</p> <p>We proudly affiliate our efforts in our Nutritional Pursuits with</p> <p>The Vermont Feed Network and NOFA Organization.</p>		<ul style="list-style-type: none"> ♥Please note that highlighted items are premium nutritiously prepared items! <p>We proudly use Vermont Apples</p>



www.abbeygroup.net
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We make Bag Lunches For Field Trips

Bag Lunch Menu

Choice of Grinder & Fixings

Assorted Chips

Assorted Fresh Fruit

Granola Bar

Vermont Farm Fresh Milk

Daily Breakfast Menu

- Assorted Milk
- Assorted Juice or Fruit
- Baby Carrots w/ Dip
- Assorted Cereals
- or Choose From A Specialty Entree

Weekly Specialty Entree

Breakfast Menu

Mon., Egg and Cheese Muffins

Tues., Salsa & Chips

Wed., Ham & Cheese Bagels

Thurs., Breakfast Pizza

Fri., Hard Boiled Egg or Yog

Prices

- Regular Priced Breakfast, \$.85
- Reduced Priced Breakfast, \$.30
- Regular Priced Lunch, \$1.50
- Reduced Priced Lunch, \$.40
- Vermont Farm Fresh Milk, \$.40
- Assorted Juice Box, \$.35
- Adult Lunch Price, \$3.00

Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at www.abbeygroup.net

If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential!

Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.