

# Menus for June 2010

## Winooski High School



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm) to access school menus, online pre-pay and food policy statements.

### Prices

#### Breakfast

Paid \$0.85  
Reduced Free  
Adult \$1.50

#### Lunch

Paid \$2.00  
Reduced \$0.40  
Adult \$3.00

Milk \$0.50



### Comments or Suggestions?

Call or email  
The Abbey Group  
1-800-696-4748  
[coments@abbeygroup.net](mailto:coments@abbeygroup.net)

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!  
Call today for more information.  
1-866-933-4205 X24

### Tuesday, June 1

Chilled Tuna Boat  
(Tuna in a Bun)

Oven Baked French Fries  
Mixed Fruit Cups

Fresh Fruit  
Farm Fresh Milk

### Wed., June 2

#### End of Year BBQ

Grilled Burgers and Hot Dogs  
(Lettuce, Tomato, Pickles & Cheese)  
Vegetarian Option  
Summertime Salads  
Potato Chips  
Watermelon  
Patriot Pops  
Farm Fresh Milk

### Thursday, June 3

Homemade Lasagna

Blueberry Muffins  
Steamed Carrots  
Peach Cups  
Happy Birthday Cake

Fresh Fruit  
Farm Fresh Milk

### Friday, June 4

Freshly Made Pepperoni & Cheese Pizza

Garden Salad  
Low Fat Dressings  
Jell-O with Fruit

Fresh Fruit  
Farm Fresh Milk

### Available Daily Meal Options

Hoagieville Deli  
Zesty Pizza  
Garden Fresh Salad Bar  
Popular Express Lane  
Cabot Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

### Monday, June 7

Spaghetti w/Meat or Marinara Sauce

Garden Salad  
Dried Cherries  
Garlic Bread

Fresh Fruit  
Farm Fresh Milk

### Tuesday, June 8

Grilled Cheese or Grilled Ham & Cheese Sandwich

Garden Pasta Salad  
Fresh Melon Chunks  
Royal Brownies

Fresh Fruit  
Farm Fresh Milk

### Wed., June 9

Oven Baked Breaded Chicken

Rice Pilaf  
Steamed Veggies  
Dinner Roll  
Warm Blueberry Crisp

Fresh Fruit  
Farm Fresh Milk

### Thursday, June 10

Localvore Day  
Vegetable & Pork  
Fried Rice

Mini Egg Rolls  
Chilled Fruit Cup  
Cornbread Squares

Fresh Fruit  
Farm Fresh Milk

### Friday, June 11

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks  
Hummus Dip  
Fruit Cups

Fresh Fruit  
Farm Fresh Milk

### Daily Breakfast Options

**Mon:** French Toast Sticks w/ Warm syrup  
**Tues:** Sausage & Cheese and Egg & Cheese Muffins  
**Wed:** Healthy Breakfast Pizza  
**Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels  
**Friday:** Cinnamon Buns w/Icing  
\*\*Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!



**Monday, June 14**

**Last Day of School**

**1/2 Day**

**No Lunch**



**BUY LOCAL**

**We support local New England Companies**

- Winooski School Garden
- Lewis Creek Farm
- Mazza Farm Stand
- Westminster Cracker Co.
- Sentinel Orchards
- Michaela's Salsa
- Champlain Orchard
- Cabot Cooperative
- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie

**See You In August or September**



**Available Daily Meal Options**

- Hoagieville Deli
  - Zesty Pizza
  - Garden Fresh Salad Bar
  - Popular Express Lane
  - Cabot Yogurt & String Cheese
  - Vegetarian Options
- OR**
- Hot Entrée listed

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X24

**Menus for June 2010**

**Winooski Elementary School**



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