

Menus for June 2010

Westford Elementary School



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Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.10
Reduced Free
Adult \$1.50

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.00

Milk \$0.50



Comments or Suggestions?

Call or email
The Abbey Group
1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Call today for more information.
1-866-933-4205 X24

Tuesday, June 1

Homemade Grilled Cheese On Wheat Bread

Tuna Mac Salad
Juicy Watermelon
Steamed Vegetable

Fresh Fruit
Farm Fresh Milk

Wed., June 2

Pork Fried Rice
(Pork, Veggies & Rice)

Steamed Broccoli
Blueberry Filled
Muffin Squares

Fresh Fruit
Farm Fresh Milk

Thursday, June 3

Chicken & Cheese Fajitas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/
Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, June 4

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Jell-O with Fruit
Yummy Raisins

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Pre-made Deli Sandwiches
Pre-made Chef or Chicken Caesar Salad

Cabot Yogurt & String Cheese
Vegetarian Options

OR

Hot Entrée listed

Pizza Served Daily to grades 5-8

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, June 7

Italian Meatball Sub On a Wheat Roll

Side Caesar Salad
Steamed Corn
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, June 8

End of Year BBQ

Grilled Burgers and Hot Dogs
(Lettuce, Tomato, Pickles & Cheese)

Vegetarian Option
Summertime Salads

Potato Chips
Watermelon
Patriot Pops
Farm Fresh Milk

Wed., June 9

Creamy Mac & Cheese
Cornbread Squares

Seasoned Carrots
Mixed Fruit
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Thursday, June 10

Localvore Day
Baked Potato Bar

Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Spinach Salad w/
Apples & Maple Vinaigrette
Homemade Garlic Bread

Fresh Fruit
Farm Fresh Milk

Friday, June 11

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Ranch Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup

Tues: Sausage & Cheese and Egg & Cheese Muffins

Wed: Healthy Breakfast Pizza

Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels

Friday: Cinnamon Buns w/Icing
**Cereal w/English Muffin,
Bagels, Muffins, Fruit, Milk and
100% Juice offered EVERYDAY!!



Monday, June 14

Baked Chicken Nuggets
With Dipping Sauce
Or
Oven Baked Chicken

Mashed Potatoes
Green Beans
Oatmeal Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Tuesday, June 15

Pasta Bar
Macaroni or Spaghetti
Meat & Cheese Sauce

Garden Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., June 16

BBQ Pulled Pork
Sandwich on
Wheat Roll

Baked Beans
Steamed Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, June 17

Last Day of School
Chilled Tuna
Boat

Garden Pasta Salad
Crunchy Chips
Veggie Sticks w/
Dip
Ice Cream Novelties

Fresh Fruit
Farm Fresh Milk



BUY LOCAL

We support local New England Companies

- Valley Dream Farm
- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- Cabot Cooperative
- Westminster Cracker
- Sentinel Orchards
- McKenzie

**See You In
August or
September**



Available Daily Meal Options

Pre-made Deli Sandwiches
Pre-made Chef or Chicken Caesar Salad
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed
Pizza Served Daily to grades 5-8
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Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal w/English Muffin,
Bagels, Muffins, Fruit, Milk and
100% Juice offered EVERYDAY!!

