

# got milk?

Villa Augustina School

June 2008

Monday

Tuesday

Wednesday

Thursday

Friday



<p>2</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>♥ Chicken Fingers</li> <li>♥Dipping Sauce</li> <li>♥Pasta Salad</li> <li>♥Chilled Fruit Cups</li> <li>♥Warm Dinner Rolls</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Nachos Supreme</li> <li>Meat, Cheese, Salsa, Onions,</li> <li>♥Peppers, ♥Tomatoes,</li> <li>Sour Cream, and Nacho Chips</li> <li>Spanish Rice Pilaf</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>French Bread Pizza</li> <li>♥Fresh Garden Tossed Salad</li> <li>♥Assorted Low Fat Dressings</li> <li>♥Chilled Fruit Cups</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Grilled Hot Dogs</li> <li>With all the fixings</li> <li>♥Chilled Potato Salad</li> <li>♥Fresh Vegetable Sticks</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Ham &amp; Cheese Melt</li> <li>on a Whole Wheat Bagel</li> <li>♥Oven Baked Tater Tots</li> <li>♥Fresh Cucumber Wedges</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>♥BBQ Pork Patties</li> <li>♥Served on a Bun</li> <li>♥Oven Baked Fries</li> <li>♥Seasoned Green Beans</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Baked Potato Bar</li> <li>♥ Seasoned Beef , Broccoli</li> <li>Sour Cream, Cheese Sauce</li> <li>♥Fresh Garden Tossed Salad</li> <li>♥Whole Wheat Dinner Roll</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Homemade Mac &amp; Cheese</li> <li>♥With Diced Ham</li> <li>♥Fresh Cucumber Wedges</li> <li>♥Chilled Fruit Cups</li> <li>♥Apple Cinnamon Muffins</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Italian Spaghetti</li> <li>♥With Hearty Meat Sauce</li> <li>♥Steamed Broccoli</li> <li>Warm Garlic Bread</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>French Bread Pizza</li> <li>♥Fresh Garden Tossed Salad</li> <li>♥Assorted Low Fat Dressings</li> <li>♥Chilled Fruit Cups</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>
<p>16</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>♥Chinese Fried Rice</li> <li>Pork, Rice, Veggies</li> <li>♥Mini Shrimp Egg Rolls</li> <li>♥Warm Dinner Rolls</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Pasta Bar</li> <li>With Assorted Sauces</li> <li>♥Fresh Garden Tossed Salad</li> <li>♥Assorted Low Fat Dressings</li> <li>Garlic Bread Sticks</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Dress Your Own Burger</li> <li>pickles, ♥lettuce, ♥tomatoes</li> <li>♥Mouth Watering Veggies</li> <li>♥Oven Baked Fries</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>♥Taco Bar</li> <li>♥Beef, Salsa, Sour Cream</li> <li>♥Lettuce &amp; Tomato</li> <li>♥Veggies &amp; Rice</li> <li>♥Homemade Healthy Dessert</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li>Tomato, Beef, Mac Soup</li> <li>Grilled Cheese Sandwich</li> <li>Westminster VT Saltine Crackers</li> <li>♥Veggie Sticks &amp; Dip</li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>
<p>23</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li><b>A Special Chef's Creation Day!</b></li> <li><b>A Meal You are sure to Love.</b></li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>♥Healthy Salad, or ♥Deli Choices, or</li> <li><b>A Special Chef's Creation Day!</b></li> <li><b>A Meal You are sure to Love.</b></li> <li>♥Assorted Juice or ♥Fresh Fruit</li> <li>♥Vermont Farm Fresh Milk</li> </ul>	<p>25</p> <p>Breakfast Only</p>	<p>26</p>	<p>27</p>
<p>30</p> <p>Prices</p> <p>Regular Priced Breakfast, \$1.25</p> <p>Reduced Priced Breakfast, \$.30</p> <p>Regular Priced Lunch, \$2.50</p> <p>Reduced Priced Lunch, \$.40</p> <p>Vermont Farm Fresh Milk, \$.50</p> <p>Assorted Juice Box, \$.35</p> <p>Adult Lunch Price, \$3.25</p>		<p>Have a safe and fun Summer!</p> <p>See you in August.</p> <p>From:</p> <p>The Abbey Group</p>	<p>In Support of the Vermont agriculture community, The Abbey Group proudly directs it's purchasing efforts to include locally grown produce &amp; Vermont made products in our meal production in the cafeterias we manage.</p> <p>We proudly affiliate our efforts in our Nutritional Pursuits with The Vermont Feed Network and NOFA Organization.</p>	

Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at [www.abbeygroup.net](http://www.abbeygroup.net)

If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential!

Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.