

Menus for June 2010

Mill River Union High School



Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.75

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.50

Milk \$0.50



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a

Comments or Suggestions?

Call or email
 The Abbey Group
 1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
 Call today for more information.
 1-866-933-4205 X24

Tuesday, June 1

Homemade Grilled Cheese On Wheat Bread

Tuna Mac Salad Juicy Watermelon Steamed Vegetable

Fresh Fruit Farm Fresh Milk

Wed., June 2

Fried Rice w/ Pork & Veggies

Steamed Carrots Fresh Pineapple Slices Orange Cranberry Muffins

Fresh Fruit Farm Fresh Milk

Thursday, June 3

Creamy Mac & Cheese Cornbread Squares

Seasoned Green Beans Mixed Fruit Happy Birthday Cake

Fresh Fruit Farm Fresh Milk

Friday, June 4

Roasted Turkey Dinner

Red Roasted Potatoes Stuffing Green Beans Pumpkin Bars

Fresh Fruit Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
 Zesty Pizza
 Garden Fresh Salad Bar
 Popular Express Lane
 Cabot Yogurt & String Cheese
 Vegetarian Options
OR
 Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, June 7

BBQ Pulled Pork Sandwich on Roll

Couscous w/ Fresh Herbs Glazed Carrots

Fresh Fruit Farm Fresh Milk

Tuesday, June 8

Spaghetti w/ Meat or Marinara Sauce

Tossed Salad Sliced Bread w/ Butter

Fresh Fruit Farm Fresh Milk

Wed., June 9

Oven Baked Breaded Chicken

Garlic Mashed Potatoes Savory Corn Dinner Roll

Fresh Fruit Farm Fresh Milk

Thursday, June 10

Hot Ham & Cheese Wrap

Oven Baked French Fries Chilled Fruit Cup Royal Brownies

Fresh Fruit Farm Fresh Milk

Friday, June 11

Freshly Made Pepperoni, Ham & Veggie Calzones

Garden Salad Marinara Dipping Sauce Melon Slices

Fresh Fruit Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
 **Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!



Monday, June 14

Tuesday, June 15

Exams

Exams

**Breakfast
Only**

**Breakfast
Only**

Last Day of School



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Vt. Country Farms
- McKenzie
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards

**See You In
August or
September**



Available Daily Meal Options

- Hoagieville Deli
 - Zesty Pizza
 - Garden Fresh Salad Bar
 - Popular Express Lane
 - Cabot Yogurt & String Cheese
 - Vegetarian Options
- OR**
- Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

**Looking for a job
that lets you be
at home when
your family
needs you
there?**

**Come
join
our
team!**



Call today for
more
information.
866-933-4205
X24

**Menus for
June 2010**

**Mill River
Union High
School**



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a complaint

Daily Breakfast Options

- Mon:** French Toast Sticks w/ Warm syrup
- Tues:** Sausage & Cheese and Egg & Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing
**Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!