

Menus for June 2010

Mt. Anthony Union Middle School



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.50

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.00

Milk \$0.50



Comments or Suggestions?

Call or email
The Abbey Group
1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Call today for more information.
1-866-933-4205 X24

Tuesday, June 1

Homemade Grilled Cheese Or Grilled Ham & Cheese On Wheat Bread

Pasta Salad
Juicy Watermelon
Steamed Carrots

Fresh Fruit
Farm Fresh Milk

Wed., June 2

Southern Style Dirty Rice (Rice, Spices, Ground Beef) *New try a taste test

Corn Chips
Garden Salsa
Chilled Applesauce Cups

Fresh Fruit
Farm Fresh Milk

Thursday, June 3

Creamy Mac & Cheese
Blueberry Muffins

Steamed Green Beans
Mixed Fruit
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, June 4

Stuffed Stromboli
Ham, Pepperoni or Veggie & Cheese

Garden Salad
Marinara Sauce
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, June 7

Italian Meatball Sub On a Wheat Roll

Side Caesar Salad
Savory Corn
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, June 8

Chicken Scampi
Pasta, Chicken & Broccoli

Chilled Mandarin Orange Cups
Wheat Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Wed., June 9

Brunch For Lunch
Ham, Egg & Cheese Burritos w/Garden Salsa

Oven Baked Hash Browns
Warm Blueberry Crisp

Fresh Fruit
Farm Fresh Milk

Thursday, June 10

BBQ Pulled Pork Sandwich on Wheat Roll

Garden Pasta Salad
Creamy Coleslaw

Fresh Fruit
Farm Fresh Milk

Friday, June 11

Marinated Chicken Breast With Fresh Herbs

Savory Rice Pilaf
Roasted Veggies
Wheat Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!



Monday, June 14

**Taco Bar
W/ the Works**
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.

**Spanish Rice
Creamy Coleslaw
Low-fat Dessert**

**Fresh Fruit
Farm Fresh Milk**

Tuesday, June 15

**Pasta Bar
Macaroni or Rotini
Meat & Cheese Sauce**

**Garden Salad
Low-Fat Dressing
Garlic Bread Sticks**

**Fresh Fruit
Farm Fresh Milk**

Wed., June 16

**Chicken Fajita
(Chicken, Cheese,
Salsa, Sour Cream
Soft Flour Tortilla)**

**Rice Pilaf
Steamed Corn
Chilled Fruit Cup**

**Fresh Fruit
Farm Fresh Milk**

Thursday, June 17

**Grilled Hot Dogs
On Wheat Rolls**

**Oven Baked
French Fries
Chilled Fruit Cups**

**Fresh Fruit
Farm Fresh Milk**

Friday, June 18

**Last Day of School
Chilled Tuna Boat
(Tuna in a Bun)**

**Veggie Sticks
w/Dip
Potato Salad**

**Fresh Fruit
Farm Fresh Milk**



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Mighty Food Farm
- Green River Produce
- Youth Horticultural Group
- MAUHS
- Cabot Cooperative
- Westminster Crackers

**See You In
August or
September**



Available Daily Meal Options

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Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
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Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal w/English Muffin,
Bagels, Muffins, Fruit, Milk and
100% Juice offered EVERYDAY!!

