

# Menus for June 2010

## Guilford Central School



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm) to access school menus, online pre-pay and food policy statements.

### Prices

#### Breakfast

Paid	\$1.00
Reduced	Free
Adult	\$1.50

#### Lunch

Paid	\$2.00
Reduced	\$0.40
Adult	\$3.25

Milk	\$0.50
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### Comments or Suggestions?

Call or email  
The Abbey Group  
1-800-696-4748  
[coments@abbeygroup.net](mailto:coments@abbeygroup.net)

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!  
Call today for more information.  
1-866-933-4205 X24

### Tuesday, June 1

Homemade Grilled Cheese On Wheat Bread

Tuna Mac Salad  
Juicy Watermelon  
Steamed Vegetable

Fresh Fruit  
Farm Fresh Milk

### Wed., June 2

Kid Friendly Dirty Rice  
(Rice, Spices, Ground beef)  
\* New try a taste test

Chilled Fruit Cups  
Corn Chips  
Garden Salsa

Fresh Fruit  
Farm Fresh Milk

### Thursday, June 3

Home style Turkey Chili  
Cornbread Squares

Veggie Medley  
Mixed Fruit  
Happy Birthday Cake

Fresh Fruit  
Farm Fresh Milk

### Friday, June 4

Freshly Made Pepperoni & Cheese Pizza

Garden Salad  
Low Fat Dressings  
Jell-O with Fruit

Fresh Fruit  
Farm Fresh Milk

### Available Daily Meal Options

Hoagieville Deli  
Garden Fresh Salad Bar  
Cabot Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

### Monday, June 7

Italian Meatball Sub On a Wheat Roll

Rice & Beans  
Roasted Zucchini  
Jello Cups

Fresh Fruit  
Farm Fresh Milk

### Tuesday, June 8

Oven Baked Breaded Chicken OR Veggie Burger

Mashed Potato  
Chilled Mandarin  
Orange Cups  
Wheat Dinner Rolls

Fresh Fruit  
Farm Fresh Milk

### Wed., June 9

Brunch For Lunch  
Yummy Waffles w/ Maple Syrup

New England Sweet & White Home fries  
Baked Ham  
Warm Blueberry Crisp

Fresh Fruit  
Farm Fresh Milk

### Thursday, June 10

Localvore Day  
Baked Potato Bar  
Seasoned Beef, Bacon Bits, Cheese Sauce, Broccoli, Sour Cream & Chives

Spinach Salad w/ Apples & Maple Vinaigrette  
Homemade Garlic Bread

Fresh Fruit  
Farm Fresh Milk

### Friday, June 11

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks  
Hummus Dip  
Fruit Cups

Fresh Fruit  
Farm Fresh Milk

### Daily Breakfast Options

**Mon:** French Toast Sticks w/ Warm syrup  
**Tues:** Sausage & Cheese and Egg & Cheese Muffins  
**Wed:** Healthy Breakfast Pizza  
**Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels  
**Friday:** Cinnamon Buns w/Icing  
\*\*Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!



**Monday, June 14**

Baked Chicken Nuggets With Dipping Sauce

French Fries Veggie Sticks w/ Ranch Oatmeal Dinner Rolls

Fresh Fruit Farm Fresh Milk

**Tuesday, June 15**

Pasta Bar Macaroni or Spaghetti Meat & Cheese Sauce

Garden Salad Low-Fat Dressing Garlic Bread Sticks

Fresh Fruit Farm Fresh Milk

**Wed., June 16**

Dress Your Own Hot Dog in a Bun (Ketchup, Mustard, Relish & Onions)

Baked Beans Cucumber Wedges Low-fat Dessert

Fresh Fruit Farm Fresh Milk

**Thursday, June 17**

**Last Day of School**

Taco Bar W/ the Works Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese. Or Veggie Taco

Spanish Rice Creamy Coleslaw Low-fat Dessert

Fresh Fruit Farm Fresh Milk



**BUY LOCAL**

**We support local New England Companies**

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Cortland Orchards
- Dutton Farm
- Deer Ridge Farm
- Windham Farm to School Distribution
- Fertile Fields
- Green Mtn. Orchard

**See You In August or September**



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