

# Menus for June 2010

## Fairfax Elementary School



In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm) to access school menus, online pre-pay and food policy statements.

### Prices

#### Breakfast

Paid	\$1.00
Reduced	Free
Adult	\$1.50

#### Lunch

Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00

Milk	\$0.50
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### Comments or Suggestions?

Call or email  
The Abbey Group  
1-800-696-4748  
[coments@abbeygroup.net](mailto:coments@abbeygroup.net)

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!  
Call today for more information.  
1-866-933-4205 X24

### Tuesday, June 1

Grilled Ham & Cheese  
On Wheat Bread

Garden Pasta Salad  
Juicy Watermelon  
Royal Brownies

Fresh Fruit  
Farm Fresh Milk

### Wed., June 2

Chilled Tuna Boat

Oven Baked French Fries  
Mixed Fruit Cup

Fresh Fruit  
Farm Fresh Milk

### Thursday, June 3

Jr. Iron Chef Recipe  
Foot Hills Mac & Cheese  
Blueberry Muffins

Steamed Carrots  
Peach Cups

Fresh Fruit  
Farm Fresh Milk

### Friday, June 4

#### End of Year BBQ

Grilled Burgers and Hot Dogs  
(Lettuce, Tomato, Pickles & Cheese)

Vegetarian Option  
Summertime Salads

Potato Chips  
Watermelon  
Patriot Pops  
Farm Fresh Milk

### Available Daily Meal Options

Hoagieville Deli Sandwich  
Garden Fresh Salad Bar  
Cabot Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

### Monday, June 7

Spaghetti w/ Meat & Marinara Sauce

Garden Salad  
Low-Fat Dressing  
Dried Cherries  
Garlic Bread

Fresh Fruit  
Farm Fresh Milk

### Tuesday, June 8

Oven Baked Breaded Chicken

Roasted Red Potatoes w/ Fresh Herbs  
Glazed Carrots  
Oatmeal Dinner Rolls

Fresh Fruit  
Farm Fresh Milk

### Wed., June 9

Brunch For Lunch  
Ham, Egg & Cheese Burritos  
w/Garden Salsa

Oven Baked Hash Browns  
Warm Peach Crisp

Fresh Fruit  
Farm Fresh Milk

### Thursday, June 10

Localvore Day  
Nachos Supreme  
Meat & Cheese  
Fresh Greens, Cabot Sour Cream, Homemade Salsa  
Tortilla Chips

Boyden Farm Ground Beef  
Spanish Rice w/Cilantro  
Savory Corn  
Happy Birthday Cake  
Fresh Fruit  
Farm Fresh Milk

### Friday, June 11

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks  
Ranch Dip  
Fruit Cups

Fresh Fruit  
Farm Fresh Milk

### Daily Breakfast Options

**Mon:** French Toast Sticks w/ Warm syrup  
**Tues:** Sausage & Cheese and Egg & Cheese Muffins  
**Wed:** Healthy Breakfast Pizza  
**Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels  
**Friday:** Cinnamon Buns w/Icing  
\*\*Cereal w/English Muffin, Bagels, Muffins, Fruit,  
Milk and 100% Juice offered EVERYDAY!!



**Monday, June 14**

Grilled Hot Dogs  
On Wheat Rolls

Oven Baked  
Tater Tots  
Chilled Fruit Cups

Fresh Fruit  
Farm Fresh Milk

**Tuesday, June 15**

Last Day of School  
Grab & Go Meal  
Chicken Sandwich  
On Wheat Roll

Veggie Sticks  
w/Dip  
Fresh Apples  
Chocolate Elf  
Grahams

Farm Fresh Milk



**BUY LOCAL**

We support local New England Companies

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- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Cabot Cooperative
- Westminster Cracker
- Sentinel Orchards
- New England Coffee
- Mazza Farm Stand

**See You In  
August or  
September**



**Available Daily Meal Options**

Hoagieville Deli Sandwich  
Garden Fresh Salad Bar  
Cabot Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed

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**Daily Breakfast Options**

- Mon:** French Toast Sticks w/  
Warm syrup
- Tues:** Sausage & Cheese and Egg  
& Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels  
and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing  
\*\*Cereal w/English Muffin,  
Bagels, Muffins, Fruit,  
Milk and 100% Juice offered EVERYDAY!!

