


 <p><b>Hoagieville Deli Bar</b>  <b>Garden Fresh Salad Bar</b>  <b>Cabot Yogurt</b>  <b>Vegetarian Options Daily</b></p>			<p>Taste Test available Everyday!</p> 	<p>We will have a Vegetarian or Fish option available during Lent.</p>
	<p>Pay for your students lunch online with our easy bill pay system.  <a href="http://www.abbeygroup.net/lunchprepay">www.abbeygroup.net/lunchprepay</a></p>			
	<p><a href="http://www.abbeygroup.net">www.abbeygroup.net</a>  <a href="mailto:comments@abbeygroup.net">comments@abbeygroup.net</a></p>	<p>Reduced Students are eligible for FREE BREAKFAST</p>		

<p><b>We support local New England Companies</b>          Garvey's Garden          Mazza Farm Stand          Westminster Cracker Co.          Green Mountain Coffee Co.          Sentinel Orchards          Cabot Cooperative</p>	<p>Spaghetti Luncheon          ♥Meat &amp; Meatless Sauce          ♥Steamed Broccoli          Warm Garlic Bread          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Baked Potato Bar          ♥ Seasoned Beef, Bacon Bits          Sour Cream, Cheese Sauce          ♥Garden Salad &amp; Dinner Roll          Happy Birthday Cake          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Home Baked Double Decker          (ham &amp; cheese between dough)          ♥Fresh Garden Tossed Salad          ♥Chilled Fruit Cups          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p><b>Mardi Gras</b>          Cajun Dirty Rice          ( Rice, Veggies, Spices, Meat)          Cajun Grilled Veggies          Homemade Fruit Muffins          Authentic King Cake Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>English Muffin Pizza's          ♥Assorted Vegetables          ♥Creamy Ranch Dip          ♥Chilled Applesauce Cups          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>
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 <p>For Healthy Eating Tips  <a href="http://www.mypyramid.gov">www.mypyramid.gov</a></p>	<p>Dress Your Own Burger          pickles, ♥lettuce, ♥tomatoes, &amp; cheese          ♥Mouth Watering Corn          ♥Seasoned Potato Wedges          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Italian Style Calzones          ♥Fresh Garden Tossed Salad          ♥Assorted Low Fat Dressings          Chilled Mixed Fruit          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Nachos Supreme          Meat, Cheese, Salsa, Onions,          ♥Peppers, ♥Tomatoes, ♥ Sour Cream          Frito Lay Baked Scoops          Spanish Rice Pilaf &amp; Corn          Special Valentines Dessert          ♥Farm Fresh Milk</p>	<p><b>New England Day</b>          New England Corn Chowder          Westminster Crackers          Grill Cheese Sandwich          ♥Garden Caesar Salad          New England Apple Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p><b>Happy Valentines Day</b>          ♥Chicken Alfredo          ♥Chicken, Pasta,Cheese          ♥Steamed Broccoli          ♥Fruit Cups &amp; Dinner Rolls          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>
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<p><b>Daily Breakfast Options</b>          Mon., Combo Bars          Tues., Ham &amp; Cheese Bagels          Wed., Egg &amp; Cheese Muffin          Thurs., Sausage Muffins          Fri., Cinnamon Buns          Cereal, Bagels, Muffins, Fruit,          Milk and Juice offered daily</p>	<p>Oven Baked Chicken Sandwich          Fresh Served on Whole Wheat Roll          ♥Healthy Pasta Salad          ♥Crunchy Vegetables and Dip          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Breakfast for Lunch          ♥Egg &amp; Cheese Breakfast Burritos          ♥Garden Fresh Salsa          ♥Crisp Oven Baked Hash Brown          ♥Homemade Healthy Crisp          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Pasta Bar w/ Cheese or Meat Sauce          Rotini or Spaghetti          ♥Fresh Garden Tossed Salad          ♥Assorted Low Fat Dressings          Garlic Bread Sticks          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Taco Bar w/ the Works!          Lettuce, Tomato, Cheese          Cabot Sour Cream, Salsa, Peppers          ♥ Spanish Rice          ♥Fresh Homemade Coleslaw          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>	<p>Pepperoni or Chef's Specialty Pizza          ♥Fresh Garden Tossed Salad          ♥Assorted Low Fat Dressings          Chilled Mixed Fruit          ♥Homemade Healthy Dessert          ♥Assorted Juice or ♥Fresh Fruit          ♥Farm Fresh Milk</p>
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<p>Prices          Regular Priced Breakfast, \$.85          Reduced Priced Breakfast, \$.00          Regular Priced Lunch, \$1.75          Reduced Priced Lunch, \$.40          Vermont Farm Fresh Milk, \$.50          Assorted Juice Box, \$.50          Adult Lunch Price, \$3.00</p>	<p><b>NO School</b></p>	<p><b>NO School</b></p>	<p><b>NO School</b></p>	<p><b>NO School</b></p>	<p><b>NO School</b></p>
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**Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at [www.abbeygroup.net](http://www.abbeygroup.net)**  
**If your income has changed for any reason, you may apply for free or reduced priced meals anytime. "This Institution is an equal opportunity provider."**  
 Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.