

DAILY BREAKFAST OPTIONS

Mon: Chef's Choice
 Tues: Ham & Cheese Bagel
 Wed: Combo Bars
 Thurs: Sausage & Cheese Muffin
 Fri: Cinnamon Buns

**Cereal, Fruit, Milk and Juice offered daily



*Menus for
December
2009*

**Robinson
Elementary
School**

This institution is an equal opportunity provider and employer.

Available Daily

*Sandwich of the Day
 Mon.: Ham & Cheese
 Tues: Turkey & Cheese
 Wed: Bologna & Cheese
 Thurs: Tuna
 Fri: Egg Salad

*Garden Fresh Salad

*Farm Fresh Milk
 *Asst. Juice & Fresh Fruit

Reduced students are eligible for FREE BREAKFAST!

Menus are on the web at:
www.abbeygroup.net

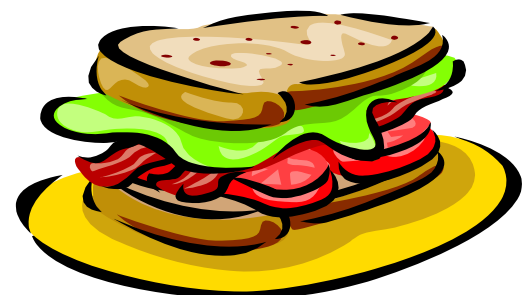


Tuesday, Dec. 1	Wed., Dec. 2	Thursday, Dec. 3	Friday, Dec. 4
Chef's Creation	Chef's Creation	Chef's Creation	Chef's Creation
Homemade Shepherds Pie	Homemade Meat or Cheese Lasagna	Pig-N-Blanket Frank Wrapped in Bread Dough	French Bread Pizza
Garden Tossed Salad Low-Fat Dressings	Broccoli Florets Steamed	Baked Beans	Garden Tossed Salad Low-Fat Dressings
Fresh Baked Fiesta Corn Muffins	Garlic Bread Sticks	Garden Tossed Salad Low-Fat Dressings	Juice Shape Up
	Happy Birthday Cake Happy Birthday Decemberites		

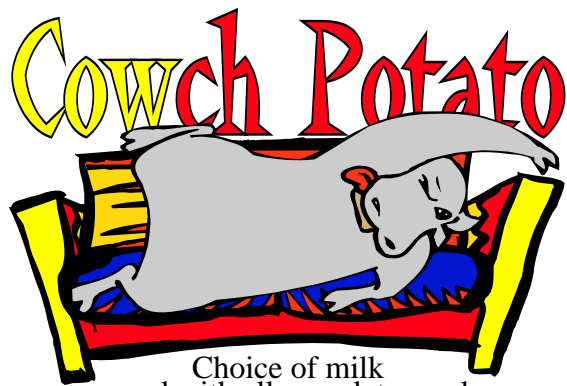
REQUIRED COURSE

We don't consider lunch to be optional. Every kid needs to eat a good midday meal to be able to learn well. That's why we work hard to keep our meal prices as low as possible. And that's also why we provide free and reduced-price meals for families that qualify. Please let us know if you have any questions.

Monday, Dec. 7	Tuesday, Dec. 8	Wed., Dec. 9	Thurs., Dec. 10	Friday, Dec. 11
Chef's Creation	Chef's Creation	Chef's Creation	Chef's Creation	Chef's Creation
Oven Baked Chicken Nuggets	Spaghetti Meat or Marinara Sauce	Nachos Supreme Meat & Cheese	Ham & Cheese Melt on a Wheat Bagel	Freshly Made Pepperoni & Cheese Pizza
Rice with Seasonal Veggies Plump Raisins	Garden Tossed Salad Low-fat Dressings	Salsa, Peppers, Tomatoes, Black Olives & Sour Cream	Garden Tossed Salad Low-Fat	Garden Tossed Salad
Homemade Wheat Dinner Rolls	Fresh Baked Garlic Bread Slices	Mouthwatering Seasoned Rice & Tasty Corn	Dressings Chilled Applesauce	Chilled Fruit Cups



Breakfast	Lunch
Regular \$1.00 Reduced \$0.00	Regular \$2.00 Reduced \$0.40



Choice of milk served with all complete meals:
 Low-fat White & Low-fat Chocolate
 Milk \$0.50 Juice \$0.50

Monday, Dec. 14
Chef's Creation
 Italian Meatball Subs
 1/2 Baked Potato
 Garden Tossed Salad
 Low-Fat Dressings

Tuesday, Dec. 15
Chef's Creation
 Hearty Macaroni & Beef Soup w/ Crackers
 Grilled Cheese
 Garden Tossed Salad
 Low-Fat Dressings

Wed., Dec. 16
Chef's Creation
 Chicken Scampi Pasta, Chicken & Broccoli
 Chilled Mandarin Orange Cups
 Sliced Bread & Butter

Thurs., Dec. 17
Holiday Meal
 Oven Baked Ham
 Home Style Mashed Potato
 Seasoned Green Peas
 Chilled Cranberry
 Homemade Dinner Roll
 Holiday Dessert

Friday, Dec. 18
Chef's Creation
 Stuffed Stromboli
 Pepperoni or Veggie & Cheese
 Garden Tossed Salad
 Low-Fat Dressings
 Marinara Dipping Sauce

Buy Local

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie
- Lewis Creek Farm
- Mazza Farm Stand
- Westminster Cracker Co.
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- New England Coffee

You haven't missed the

We accept applications for free and reduced-price meals all year long. Please call your school for more information.

Monday, Dec. 21
Chef's Creation
 Dress Your Own Burger
 Lettuce, Tomato, Cheese, Onions & Pickle
 Ranch Rice Pilaf
 Carrot Sticks
 Homemade Low-fat Baked Dessert

Tuesday, Dec. 22
Localvor Day
 Homemade Chicken Pot Pie
 Roasted Root Vegetables
 Seasoned w/ Local Herbs
 Local Applesauce Cups

We'll see you again in 2010!

Winter Holiday begins at the end of classes
Wednesday, December 22

Classes resume
Monday, January 4

Looking for a job that lets you be at home when your family needs you there?

Come join our team!

Call today for more information.
 1-866-933-4205
 X24

KEEPING THE LUNCHLINE MOVING.

Pay for your students meals with our easy on-line bill pay system. Go to:
www.abbeygroup.net/lunchprepay



Thursday, December 17th



From
 The Abbey Food Service Group
 & the Child Nutrition Staff at your school