

**April 2010
Winooski
Elementary School**

*This institution is an equal opportunity
provider and employer.*



Thurs., April 1
1/2 DAY
Bag Lunch Extravaganza
Ham or Turkey Grinder
Crisp Fresh Apple
Potato Chips
Fresh Baked Cookie
Farm Fresh Milk

Friday, April 2
1/2 DAY
Bag Lunch Extravaganza
Ham or Turkey Grinder
Crisp Fresh Apple
Potato Chips
Fresh Baked Cookie
Farm Fresh Milk

Prices	
Breakfast	
Paid	\$0.85
Reduced	Free
Adult	\$1.50
Lunch	
Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50

Comments or Suggestions?
Call or email
The Abbey Group
1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!!
Call today for more information.
1-866-933-4205 X24

Monday, April 5
Chicken Sandwich
Served on Wheat Roll
(Lettuce & Tomato)

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 6
Hearty Turkey & Rice
Soup w/
New England Crackers

Grilled Cheese
Steamed Corn
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., April 7
Kid Friendly Dirty Rice
(Rice, Spices, Ground beef)
* New try a taste test

Chilled Fruit Cups
Corn Chips
Garden Salsa

Fresh Fruit
Farm Fresh Milk

Thurs., April 8
Creamy Mac & Cheese
Cornbread Squares

Cauliflower,
Broccoli & Carrots
Mixed Fruit

Fresh Fruit
Farm Fresh Milk

Friday, April 9
Holiday Meal
Roast Pork
Creamy Mashed Potato
Home-style Gravy
Seasoned Green Peas & Carrots
Homemade Wheat Dinner Roll
Spring Dessert

Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, April 12
Italian Meatball Sub
On a Wheat Roll

Side Caesar Salad
Roasted Zucchini
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 13
Chicken Scampi
Pasta, Chicken & Broccoli

Chilled Mandarin Orange Cups
Wheat Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Wed., April 14
Oven Baked Breaded Chicken

Seasoned Fries
Steamed Corn
Dinner Roll
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Thurs., April 15
Localvore Day
Brunch For Lunch
Yummy Waffles w/ Real Syrup

New England Sweet & White Home fries
Baked Ham
Warm New England Apple Crisp

Fresh Fruit
Farm Fresh Milk

Friday, April 16
Taste Test
Cabot Cheese & Westminster Crackers
Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Shape Ups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!



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Pay for meals on-line at



Breakfast
\$0.85

Lunch
\$1.75

Providing parents a safe secure way to manage food service payments and to look up account balances.

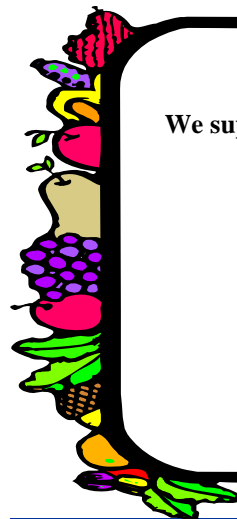
Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

BUY LOCAL

We support local New England

Companies

- Winooski School Garden
- Lewis Creek Farm
- Mazza Farm Stand
- Westminster Cracker Co.
- Sentinel Orchards
- Michaela's Salsa
- Champlain Orchard
- Cabot Cooperative
- Saputo Cheese Co.
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie



Monday, April 19

Baked Chicken Nuggets With Dipping Sauce

Mashed Potatoes
Steamed Broccoli
Oatmeal Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Tuesday, April 20

Pasta Bar
Macaroni or Spaghetti
Meat & Cheese Sauce

Steamed Corn
Garlic Bread
Sticks

Fresh Fruit
Farm Fresh Milk

Wed., April 21

Pig-N- Blanket
Frank Wrapped in
Bread Dough

Baked Beans
Cucumber Wedges
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., April 22

Frito Lay Bowl
Taco
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.

Spanish Rice
Creamy Coleslaw
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, April 23

Chilled
Tuna Boats
(Tuna in a Bun)

French Fries
Vegetable Sticks
w/Ranch Dip

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, April 26

SPRING RECESS



Tuesday, April 27

SPRING RECESS



Wed., April 28

SPRING RECESS



Thurs., April 29

SPRING RECESS



Friday, April 30

SPRING RECESS



Daily Breakfast Options

- Mon:** French Toast Sticks w/ Warm syrup
 - Tues:** Sausage & Cheese and Egg & Cheese Muffins
 - Wed:** Healthy Breakfast Pizza
 - Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
 - Friday:** Cinnamon Buns w/Icing
- **Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

