



Monday

Tuesday

Wednesday

Thursday

Friday

<p>♥Please note that highlighted items are premium nutritiously prepared items!</p> <p>We proudly use Vermont Apples</p>	<p>1 ♥Healthy Salad, or ♥Deli Choices, or Fish -N- Chips (Fish Nuggets & French Fries) Flavorfully Seasoned Corn ♥Whole Wheat Dinner Roll ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>2 ♥Healthy Salad, or ♥Deli Choices, or Grilled Hotdogs ♥Baked Potato Rounds ♥Fresh Veggie Sticks ♥Chilled Ranch Dip ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>3 ♥Healthy Salad, or ♥Deli Choices, or Taco Bar w/ the Works! Lettuce, Tomato, Cheese Cabot Sour Cream, Salsa, Peppers ♥Spanish Rice ♥Fresh Homemade Coleslaw ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>4 ♥Healthy Salad, or ♥Deli Choices, or Hearty Homemade Soup Grilled Cheese Sandwich Westminster VT Saltine Crackers ♥Veggie Sticks & Dip ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>
<p>7 ♥Healthy Salad, or ♥Deli Choices, or Oven Baked Chicken Nuggets ♥Ranch Fiesta Rice Pilaf ♥Crunchy Vegetables ♥Creamy Ranch Dip ♥Whole Wheat Dinner Roll ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>8 ♥Healthy Salad, or ♥Deli Choices, or Homemade Macaroni & Cheese ♥Cheddar, American, Pasta ♥Fresh Garden Tossed Salad ♥Chilled Tropical Fruit Salad ♥Homemade Fruit Muffins ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>9 ♥Healthy Salad, or ♥Deli Choices, or Home Baked Double Decker (Ham, Pepperoni & Cheese) ♥Fresh Garden Tossed Salad ♥Chilled Fruit Cups ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>10 ♥Healthy Salad, or ♥Deli Choices, or Spaghetti & Meatballs ♥Steamed Broccoli Warm Garlic Bread Happy Birthday Aprilrites Happy Birthday Cake ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>11 ♥Healthy Salad, or ♥Deli Choices, or Homemade Abbey Calzone Meat & Veggie Fillings ♥Crisp Vegetables Sticks & Dip ♥Fresh Side Caesar Salad ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>
<p>14 No School</p>	<p>15 No School</p>	<p>16 No School</p>	<p>17 No School</p>	<p>18 No School</p>
<p>21 ♥Healthy Salad, or ♥Deli Choices, or Dress Your Own Burger pickles, ♥lettuce, ♥tomatoes, & cheese ♥Mouth Watering Corn ♥Seasoned Couscous ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>22 ♥Healthy Salad, or ♥Deli Choices, or Pasta Bar w/ Cheese or Meat Sauce Rotini or Spaghetti ♥Fresh Garden Tossed Salad ♥Assorted Low Fat Dressings Garlic Bread Sticks ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>23 ♥Healthy Salad, or ♥Deli Choices, or Kid Pleasing' Chili <u>Frito Lay Baked Scoops</u> Cabot Sour Cream Spanish Rice Pilaf Ice Cream Party ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>24 ♥Healthy Salad, or ♥Deli Choices, or Chicken & Biscuits ♥Gravy, Chicken, Biscuits ♥Mixed Vegetables ♥Cranberry Sauce ♥Homemade Healthy Dessert ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>25 ♥Healthy Salad, or ♥Deli Choices, or Breakfast for Lunch ♥Egg & Cheese Breakfast Burritos ♥Garden Fresh Salsa ♥Crisp Oven Baked Hash Brown ♥Homemade Healthy Crisp ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>
<p>28 Prices Regular Priced Breakfast, \$1.00 Reduced Priced Breakfast, \$.30 Regular Priced Lunch, \$2.00 Reduced Priced Lunch, \$.40 Vermont Farm Fresh Milk, \$.40 Assorted Juice Box, \$.35 Adult Lunch Price, \$3.00</p>	<p>29 Local Vermont Day Vermont Baked Potato Bar ♥Yummy Vermont Potatoes Chili, Broccoli, Sour Cream, ♥Salsa, Cheese Sauce, Chives ♥Fresh Garden Tossed Salad ♥Vermont Maple Sundae ♥Vermont Farm Fresh Milk</p>	<p>30 ♥Healthy Salad, or ♥Deli Choices, or Cheesy Bread Sticks ♥Italian Marinara Sauce ♥Hearty Homemade Soup ♥Crunchy Vegetable Sticks ♥Creamy Ranch Dip ♥Assorted Juice or ♥Fresh Fruit ♥Vermont Farm Fresh Milk</p>	<p>In Support of the Vermont agriculture community, The Abbey Group proudly directs it's purchasing efforts to include locally grown produce & Vermont made products in our meal production in the cafeterias we manage.</p> <p>We proudly affiliate our efforts in our Nutritional Pursuits with The Vermont Feed Network and NOFA Organization.</p>	

Parents Wanted! Now accepting applications for the Food Service. Call Scott at the Abbey Group, 1-866-933-4205 x26 or online applications at www.abbeygroup.net

If your income has changed for any reason, you may apply for free or reduced priced meals anytime. This information is strictly confidential!

Our menus are designed to meet the dietary guidelines of 30% or less fat from calories. This institution is an equal opportunity provider. Menus may change due to school closings without notice.



www.abbeygroup.net
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We make Bag Lunches For Field Trips
Bag Lunch Menu
Choice of Grinder & Fixings
Assorted Chips
Assorted Fresh Fruit
Granola Bar
Vermont Farm Fresh Milk