



**April 2010
Wallingford
Elementary School**

*This institution is an equal opportunity
provider and employer.*



Thurs., April 1

Holiday Meal

Roast Pork
Creamy Mashed
Potato
Home-style Gravy
Seasoned Green
Peas & Carrots
Homemade Wheat
Dinner Roll
Spring Dessert
Farm Fresh Milk

Friday, April 2

Freshly Made
Pepperoni &
Cheese Pizza

Vegetable Sticks
Ranch Dip
Chilled Fruit Cup

Fresh Fruit
Farm Fresh Milk

Prices	
Breakfast	
Paid	\$1.25
Reduced	Free
Adult	\$1.75
Lunch	
Paid	\$2.00
Reduced	\$0.40
Adult	\$3.50
Milk	\$0.50

**Comments or
Suggestions?**
Call or email
The Abbey Group
1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets
you be at home when
your family needs you
there?
Come Join our Team!!
Call today for more infor-
mation.
1-866-933-4205 X24

Monday, April 5

Chicken Sandwich
Served on Wheat Roll
(Lettuce & Tomato)

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 6

Hearty
Turkey & Rice
Soup w/
New England Crackers

Grilled Cheese
Vegetable Sticks
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Wed., April 7

Kid Friendly
Dirty Rice
(Rice, Spices, Ground beef)
* New try a taste test

Chilled Fruit Cups
Corn Chips
Garden Salsa

Fresh Fruit
Farm Fresh Milk

Thurs., April 8

Creamy
Mac & Cheese
Cornbread Squares

Cauliflower,
Broccoli & Carrots
Mixed Fruit

Fresh Fruit
Farm Fresh Milk

Friday, April 9

Taste Test
Cabot Cheese &
Westminster Crackers
Freshly Made
Pepperoni &
Cheese Pizza

Garden Salad
Low Fat Dressings
Steamed Corn

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style
daily with fresh local products!

Monday, April 12

**SPRING
RECESS**



Tuesday, April 13

**SPRING
RECESS**



Wed., April 14

**SPRING
RECESS**



Thurs., April 15

**SPRING
RECESS**



Friday, April 16

**SPRING
RECESS**



Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!



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Pay for meals on-line at



Breakfast
\$1.25

Lunch
\$2.00

Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

BUY LOCAL

We support local New England

Companies

- Saputo Cheese Co.
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie

Monday, April 19

Baked Chicken Nuggets With Dipping Sauce

Mashed Potatoes
Steamed Broccoli
Oatmeal Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Tuesday, April 20

Pasta Bar
Macaroni or Spaghetti
Meat & Cheese Sauce

Garden Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., April 21

Pig-N- Blanket
Frank Wrapped in
Bread Dough

Baked Beans
Cucumber Wedges
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., April 22

Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.

Spanish Rice
Creamy Coleslaw
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, April 23

Homemade
Cheesy Bread
Sticks

Minestrone Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

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Hoagieville Deli
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

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Monday, April 26

Dress Your Own
Hamburger
Lettuce, Tomato, Cheese,
Onions & Pickle

Ranch Rice Pilaf
Roasted Vegetables
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 27

Rotini served with
Meat or Meatless
Sauce

Steamed Corn
Homemade
Garlic Bread

Fresh Fruit
Farm Fresh Milk

Wed., April 28

Chicken Fajita
w/Wheat Wrap
Sour Cream & Salsa

Rice Pilaf
Steamed Corn
Chilled Fruit Cup
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., April 29

Localvore Day
Brunch For Lunch
Yummy Waffles
w/ Real Syrup

New England
Sweet & White
Home fries
Baked Ham
Warm New England
Apple Crisp

Fresh Fruit
Farm Fresh Milk

Friday, April 30

Freshly Made
Pepperoni &
Cheese Pizza

Vegetable Sticks
Ranch Dip
Apple Sauce

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!