

**April 2010
North Hero
Elementary**

This institution is an equal opportunity provider and employer.



Thurs., April 1

Holiday Meal

Roast Pork
Creamy Mashed Potato
Home-style Gravy
Seasoned Green Peas & Carrots
Homemade Wheat Dinner Roll
Spring Dessert
Farm Fresh Milk

Friday, April 2

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Ranch Dip
Chilled Fruit Cup

Fresh Fruit
Farm Fresh Milk

Prices

Breakfast

Paid \$1.00
Reduced Free
Adult \$1.50

Lunch

Paid \$1.75
Reduced \$0.40
Adult \$3.00

Milk \$0.50

Comments or Suggestions?

Call or email
The Abbey Group
1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Call today for more information.

1-866-933-4205 X24

Monday, April 5

Chicken Sandwich
Served on Wheat Roll
(Lettuce & Tomato)

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 6

Kid Friendly Dirty Rice
(Rice, Spices, Ground beef)
* New try a taste test

Chilled Fruit Cups
Corn Chips
Garden Salsa

Fresh Fruit
Farm Fresh Milk

Wed., April 7

Hearty Turkey & Rice
Soup w/
New England Crackers

Grilled Cheese
Vegetable Sticks
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., April 8

Creamy Mac & Cheese
Cornbread Squares

Cauliflower,
Broccoli & Carrots
Mixed Fruit

Fresh Fruit
Farm Fresh Milk

Friday, April 9

Freshly Made Pepperoni & Cheese Pizza

Garden Salad
Low Fat Dressings
Jell-O with Fruit

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, April 12

Italian Meatball Sub
On a Wheat Roll

Side Caesar Salad
Roasted Zucchini
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, April 13

Oven Baked Chicken Nuggets

Pasta Salad w/
Vegetables
Chilled Mandarin
Orange Cups
Wheat Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Wed., April 14

Sloppy Joes
Served on Wheat Roll

Potato Puffs
Spinach Salad
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Thurs., April 15

Localvore Day

Brunch For Lunch
Yummy Waffles
w/ Maple Syrup

New England Sweet & White
Home fries
Baked Ham
Warm New England
Apple Crisp

Fresh Fruit
Farm Fresh Milk

Friday, April 16

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Shape Ups

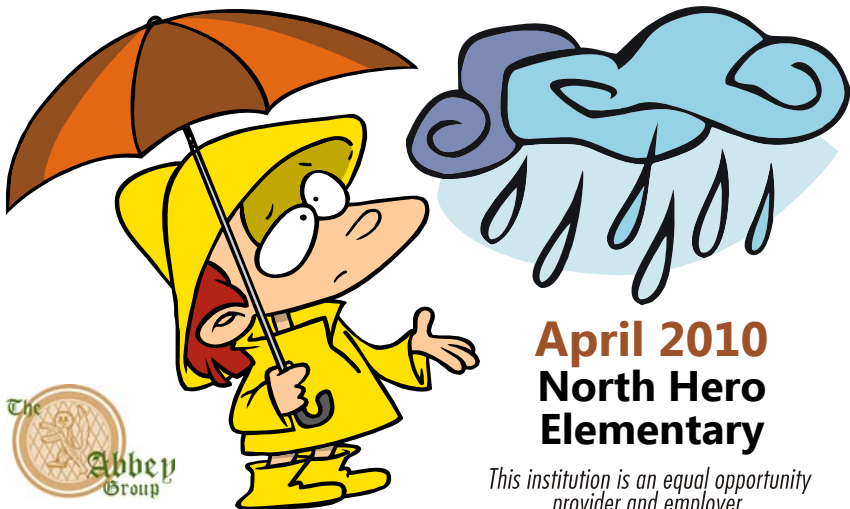
Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks
Tues: Ham & Cheese Bagel
Wed: Breakfast Pizza Pockets
Thurs: Sausage & Cheese Muffin
Friday: Cinnamon Buns w/Icing

**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!





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Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

BUY LOCAL

We support local New England Companies

Saputo Cheese Co.
Cold Hollow Cider
Hackett's Orchard
Mazza Farm Stand
Westminster Cracker
Sunrise Orchards
Pomykala Farm
Sentinel Orchards
Cabot Cooperative
Vt. Country Farms

Monday, April 19

Oven Baked
Breaded Chicken

Mashed Potatoes
Steamed Broccoli
Oatmeal Dinner Rolls

Fresh Fruit
Farm Fresh Milk

Tuesday, April 20

Spaghetti w/
Meat or Marinara
Sauce

Garden Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., April 21

Pig-N- Blanket
Frank Wrapped in
Bread Dough

Baked Beans
Cucumber Wedges
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Thurs., April 22

Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.

Spanish Rice
Creamy Coleslaw
Low-fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, April 23

Homemade
Cheesy Bread
Sticks

Minestrone Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

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Hoagieville Deli
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

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Monday, April 26

**SPRING
RECESS**



Tuesday, April 27

**SPRING
RECESS**



Wed., April 28

**SPRING
RECESS**



Thurs., April 29

**SPRING
RECESS**



Friday, April 30

**SPRING
RECESS**



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