



**April 2010  
Fair Haven  
Grade School**

*This institution is an equal opportunity provider and employer.*



**Thurs., April 1**  
**Holiday Meal**  
 Nachos OR  
 Roast Pork  
 Creamy Mashed Potato  
 Home-style Gravy  
 Seasoned Green Peas & Carrots  
 Homemade Wheat Dinner Roll  
 Spring Dessert  
 Farm Fresh Milk

**Friday, April 2**  
**Hot Dog OR**  
 Chicken Fajita w/Sour Cream & Salsa  
 Veggie Sticks w/Ranch Dip  
 Chilled Fruit Cup  
 Fresh Fruit  
 Farm Fresh Milk

Prices	
<b>Breakfast</b>	
Paid	\$0.85
Reduced	Free
Adult	\$1.50
<b>Lunch</b>	
Paid	\$1.75
Reduced	\$0.40
Adult	\$3.00
Milk	\$0.50

**Comments or Suggestions?**  
 Call or email  
 The Abbey Group  
 1-800-696-4748  
 coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?  
 Come Join our Team!!  
 Call today for more information.  
 1-866-933-4205 X24

**Monday, April 5**  
**Chicken Patty OR**  
 Italian Style Meatball Sub  
 Seasoned Potato Wedges  
 Steamed Corn  
 Fresh Fruit  
 Farm Fresh Milk

**Tuesday, April 6**  
**Hamburger Deluxe Or**  
 Hearty Turkey & Rice Soup w/New England Crackers  
 Grilled Cheese Vegetable Sticks  
 Happy Birthday Cake  
 Fresh Fruit  
 Farm Fresh Milk

**Wed., April 7**  
**Chicken Nuggets OR**  
 Sheppard's Pie  
 Veggie Sticks & Ranch Dip  
 Chilled Applesauce  
 Dinner Roll  
 Fresh Fruit  
 Farm Fresh Milk

**Thurs., April 8**  
**Nachos OR**  
 Creamy Mac & Cheese  
 Cornbread Squares  
 Cauliflower, Broccoli & Carrots  
 Mixed Fruit  
 Fresh Fruit  
 Farm Fresh Milk

**Friday, April 9**  
**Early Release Hot Dog OR**  
 Freshly Made Pepperoni & Cheese Pizza  
 Garden Salad  
 Low Fat Dressings  
 Fruit Juice  
 Shape Up  
 Fresh Fruit  
 Farm Fresh Milk

**Available Daily Meal Options**

Hoagieville Deli  
 Garden Fresh Salad Bar  
 Cabot Yogurt & String Cheese  
 Vegetarian Options  
**OR**  
 Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

**Monday, April 12**  
**SPRING RECESS**

**Tuesday, April 13**  
**SPRING RECESS**

**Wed., April 14**  
**SPRING RECESS**

**Thurs., April 15**  
**SPRING RECESS**

**Friday, April 16**  
**SPRING RECESS**

**Daily Breakfast Options**

**Mon:** French Toast Sticks w/ Warm syrup  
**Tues:** Sausage & Cheese and Egg & Cheese Muffins  
**Wed:** Healthy Breakfast Pizza  
**Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels  
**Friday:** Cinnamon Buns w/Icing  
 \*\*Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!



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**Pay for meals on-line at**



**Breakfast**  
\$0.85

**Lunch**  
\$1.75

**Providing parents a safe secure way to manage food service payments and to look up account balances.**

Visit our website: [www.abbeygroup.net/foodserve.htm](http://www.abbeygroup.net/foodserve.htm) to access school menus, online pre-pay and food policy statements.

**BUY LOCAL**

**We support local New England Companies**

- Saputo Cheese Co.
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie



**Monday, April 19**

**Chicken Patty OR**

Chicken Scampi  
Pasta, Chicken & Broccoli

Chilled Mandarin Orange Cups  
Wheat Dinner Rolls

Fresh Fruit  
Farm Fresh Milk

**Tuesday, April 20**

**Hamburger Deluxe OR**

Pasta Bar  
Macaroni or Spaghetti Meat & Cheese Sauce

Garden Salad  
Low-Fat Dressing  
Garlic Bread Sticks

Fresh Fruit  
Farm Fresh Milk

**Wed., April 21**

**Chicken Nuggets OR**

Pig-N-Blanket  
Frank Wrapped in Bread Dough

Baked Beans  
Cucumber Wedges  
Low-fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Thurs., April 22**

**Nachos OR**

Taco Bar  
W/ the Works  
Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese.

Spanish Rice  
Creamy Coleslaw  
Low-fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Friday, April 23**

**Hot Dog OR**

Homemade Cheesy Bread Sticks

Chicken Noodle Soup  
Garden Salad  
Marinara Dipping Sauce

Fresh Fruit  
Farm Fresh Milk

**Available Daily Meal Options**

Hoagieville Deli  
Garden Fresh Salad Bar  
Cabot Yogurt & String Cheese  
Vegetarian Options  
**OR**  
Hot Entrée listed

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**Monday, April 26**

**Chicken Patty OR**

Rotini served with Meat or Meatless Sauce

Garden Tossed Salad  
Homemade Garlic Bread

Fresh Fruit  
Farm Fresh Milk

**Tuesday, April 27**

**Hamburger Deluxe OR**

Turkey Cheddar Wrap

Garden Pasta Salad  
Veggie Sticks w/ Ranch Dip

Fresh Fruit  
Farm Fresh Milk

**Wed., April 28**

**Chicken Nuggets OR**

Ham & Cheese Double Decker  
Ham, Cheese & Dough

Garden Pasta Salad  
Plump Cranberries  
Low-fat Dessert

Fresh Fruit  
Farm Fresh Milk

**Thurs., April 29**

**Nachos OR Localvore Day**

Brunch For Lunch  
Yummy Waffles w/ Real Syrup  
New England Home fries  
Baked Ham  
Warm New England Blueberry Crisp

Fresh Fruit  
Farm Fresh Milk

**Friday, April 30**

**Hot Dog OR**

Freshly Made Pepperoni & Cheese Pizza

Vegetable Sticks  
Ranch Dip  
Apple Sauce

Fresh Fruit  
Farm Fresh Milk

**Daily Breakfast Options**

- Mon:** French Toast Sticks w/ Warm syrup
  - Tues:** Sausage & Cheese and Egg & Cheese Muffins
  - Wed:** Healthy Breakfast Pizza
  - Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
  - Friday:** Cinnamon Buns w/Icing
- \*\*Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!

