

Food Service Policy Statement

Proctor Middle and High School

2009 - 2010 School Year

Student Accounts

The Food Service program uses a computer point of sale system to track purchases. All accounts must maintain a positive cash balance.

Payments are expected on the first day of the week. Checks should be made payable to the lunch program. **You may also use our online feature www.abbeygroup.net/lunchprepay to deposit funds.** Debit cards with the student's school food service tracking number will be issued the first week of school. This number will be used to track the student's breakfast and lunch history throughout the year. A detailed report may be requested at anytime. The student will use this number for breakfast and lunch transactions regardless of the student's status as free, reduced or full pay. Students simply punch in their number on a numerical keypad located at the cash register. All breakfast and lunch transactions are handled in an identical manner. ***Snack beverages, additional entrées or other a la carte purchases must be paid in cash unless we have permission from the parent and the account is in good standing with a positive balance.*** Cold lunch milk may be charged on accounts with a positive account balance.

Free and Reduced Priced School Meals Policy

Parents should review the income eligibility guidelines for **free and reduced priced school meals** to see if they qualify. Applications are available in the **School Information Packet** sent home at the beginning of the school year or parents may contact the school office. Applications are also available online at http://education.vermont.gov/new/html/pgm_nutrition.html. **Should your income change at anytime during the year** you may apply or reapply for free and reduced priced school meals. Please request another application form by calling the school office. **Free and reduced priced school meals information is strictly confidential.**

2009 – 2010 Income Eligibility Guidelines (USDA Website 6-12-2009)

Household Size	To Qualify For Free Lunches			To Qualify For Reduced Lunches		
	income must be at or below			income must be at or below		
	Yearly \$	Monthly \$	Weekly \$	Yearly \$	Monthly \$	Weekly \$
1	14,079	1,174	271	20,036	1,670	386
2	18,941	1,579	365	26,955	2,247	519
3	23,803	1,984	458	33,874	2,823	652
4	28,665	2,389	552	40,793	3,400	785
5	33,527	2,794	645	47,712	3,976	918
6	38,389	3,200	739	54,631	4,553	1,051
7	43,251	3,605	832	61,550	5,130	1,184
8	48,113	4,010	926	68,469	5,706	1,317
For each additional family member add:	+4,862	+406	+94	+6,919	+577	+134

Payment Plans and Pricing

Payments should be sent in an envelope clearly marked with the student name(s) and amount of deposit. We prefer payment **by check**. You may also use our online feature www.abbeygroup.net/lunchprepay to deposit funds. **Please note payment schedule at bottom of page.***

Meal Prices

Breakfast	\$1.00	Lunch	\$2.00
Reduced	\$0.00	Reduced	\$0.40
Adult Breakfast	\$1.50	Adult Lunch	\$3.00

A la Carte Prices Cash Transactions only (detailed list posted in cafeteria)

Farm Fresh Milk	\$0.50	Assorted Fruit Juices	\$0.50 - \$0.75	Assorted Yogurt	\$1.50
100 % Fruit Bars	\$0.50	Ice Cream	\$0.50 - \$1.00	Assorted Fresh Fruit	\$0.50
Granola Bars	\$0.50	Healthy Snacks	\$0.50 - \$1.00	Baked & Low Fat Chips	\$0.75
Hot/Cold Vegetables	\$0.75	Homemade Dessert	\$0.75	Snack Beverage	\$0.50

Payment Plan

	<u>Weekly</u>	<u>Monthly</u>	<u>Yearly</u>
Lunch Full Price	\$10.00	\$40.00	\$350.00
Lunch Reduced Price	\$2.00	\$ 8.00	\$ 70.00
Breakfast Full Price	\$5.00	\$20.00	\$175.00
Breakfast Reduced Price	\$0.00	\$ 0.00	\$ 00.00
Milk Only	\$2.50	\$10.00	\$87.50

*Payment plan is an estimated cost based on an average number of days.

Emergency Lunch Policy

All students will be allowed one meal on an emergency basis [lost or forgotten money]. However, all accounts are subject to the Student/Adult Account Policy. Students may receive a sandwich and milk if an account remains in a negative balance. A \$.75 charge will be applied for this emergency lunch. We send home low cash notices weekly and payment should be made promptly to avoid an embarrassing situation. Please call the school food service if you have any questions about your child's account balance.

Snack Drink Policy

All students participating in school offered snack programs **must** pay for any milk or juice received from the food service at time of service, regardless of income eligibility. **No charging of snack drinks will be allowed.** All meals come with a beverage that is included in the price.

Choice & Variety

The Food Service program offers **these daily lunch entree choices.**

1. **The Abbey Groups Chef Creation**
2. **Hoagieville Made to Order Deli Bar**
3. **Self Serve Garden Fresh Salad Bar with many Fruits, Vegetables and Homemade Salad Offerings**
4. **Yogurt and String Cheese [substitute your main entrée]**
5. **Chef's Homemade Soup and Deli Choice Combination**

All options are offered daily with a choice of assorted fresh fruits or 100 % juice, and a choice of assorted milk (skim, 2%, or low fat chocolate. To support a healthy school nutrition environment, homemade healthy desserts are offered occasionally during the week.

Breakfast Program

Breakfast is one of the most important meals of the day. Some children are not hungry when they wake up, and, the school breakfast program is a very cost effective and time saving way to feed your child. Studies have proven that eating breakfast at school increases awareness, generates better grades, and helps students be less fidgety, have fewer stomachaches, and be an overall better learner. We also offer a **great breakfast** with many daily choices such as, sausage on English muffin, ham and cheese bagels, egg and cheese sandwiches, fresh bagels, fruit filled muffins, hot or cold cereal, cinnamon buns, and other breakfast entrees available on a rotating basis. **The Breakfast Program is open to everyone!**

Field Trips

The Food Service program loves to make bag lunches for any occasion. Please place your order through the classroom teacher 3 days prior to the trip. The price is the same price as for lunch. The bag lunch contains a healthy sandwich, fresh fruit, granola bar, baked chips, milk or juice. There are classroom incentives available for large orders. Free and reduced lunch prices apply to bag lunches for those who qualify.

Promotions

The Food Service program provides promotional and entertaining events throughout the year such as holiday meals, barbecues, and more. We encourage parents and other family members to join their children and The Abbey Group for these fun filled occasions. All promotions are to encourage healthy eating. The promotions are advertised on the menu with the details posted in the cafeteria.

Nutrition

The Food Service program is actively involved in training with the USDA Team Nutrition, State of Vermont Child Nutrition Department, The American Heart Association, Dairy Council, and many other organizations to bring healthy, attractive, nutritious, and low fat meals to your school. We incorporate low fat cooking techniques and use many low to no fat ingredients. All bread products are supplemented with whole-wheat flour to add fiber to our meals. We also encourage healthy eating habits by offering a "You Are What You Eat" nutrition class to students. We teach students about the food pyramid, ingredient labels, proper portion sizes and we taste food in a fun filled, interactive presentation.

Local Purchasing Efforts

In support of the local agriculture community, The Abbey Group proudly directs it's purchasing efforts to include locally grown produce & locally made products in our meal production. We proudly affiliate our local food efforts with the Vermont FEED and NOFA organizations. Please contact us if you would like to participate in our local food initiative.

Closing Statement

Please look for our monthly menus published in your local paper, school website, or www.abbeygroup.net/schoolmenus. You may obtain a copy of the menu through the school (monthly). If at anytime you have any questions or concerns, please contact the school and ask for the **Food Service Supervisor**, or contact Scott Choiniere, V.P. of Operations at 802-933-4205 ext.14. We value our customers and appreciate your comments.



“A Vermont Company for Vermont Kids”

Student/Adult Account Policy

Philosophy: The goal of The Abbey Food Service Team is to provide good, healthy, nutritious meals to all students and staff of every school we represent. The meals are provided at very reasonable prices for those who pay the full price and are subsidized by the USDA for families qualifying for assistance. We provide programs with many choices and variety but also run them on extremely small margins. Therefore to maintain control over student and adult account balances, we enforce the following guidelines to ensure a fiscal and sound program.

- 1. We notify each student when they have less than one meal left on their lunch account. This way they will know to bring a check in the next day. We do not allow any charging that would put an account in a negative balance.**
- 2. Please make check payable to the school lunch program. Please include your child’s name and account ID number on the check memo.**
- 3. If you would like to allow your child to purchase ala carte items on their account, please send a note in giving your child permission to purchase ala carte items on their account. These items include but not limited to, french fries, chips, cookies, ice cream, snacks, juice, milk, extra meals, and any items not purchased as a meal. We encourage all children to purchase a healthy nutritious lunch prior to purchasing ala carte items.**