



This Institution is an equal opportunity provider
Menus are subject to change



Leland & Gray High School Lunch June 2017



Thurs., June 1

End of Year BBQ
Grilled Hamburgers
& Hot Dogs w/
All The Fixins
Garden Pasta &
Potato Salad
Chilled Watermelon
Summertime Dessert
Fresh Milk

Fri., June 2

Spaghetti w/
Meat or
Marinara Sauce
Garlic
Breadstick
Fresh Fruit &
Veggie Bar

Mon., June 5

BBQ Chicken
Sandwich
w/Lettuce & Tomato
Oven Baked Fries
Fresh Fruit &
Veggie Bar

Tues., June 6

Taco Bar w/
Soft Shell
Garden Fresh
Salsa
Southwest Rice
Fresh Fruit &
Veggie Bar

Wed., June 7

**Birthday
Celebration**
Sweet Pork Gyro
Cucumber
Greek Salad
Fresh Fruit &
Veggie Bar

Thurs., June 8

Taste Test Event
Creamy
Macaroni &
Cheese
Cornbread
Fresh Fruit &
Veggie Bar

Fri., June 9

Pancakes w/
Local Maple Syrup
Sweet & White
Home Fries
Sausage Links
Fresh Fruit &
Veggie Bar

Mon., June 12

Meatball
Sub
Garden Pasta
Salad
Fresh Fruit &
Veggie Bar

Tues., June 13

Chicken Fajitas
w/Sautéed Onions &
Peppers
Rice Pilaf
Fresh Fruit &
Veggie Bar

Wed., June 14

Cheesy
Breadsticks
w/Marinara
**Strawberry
Spinach Salad**
Fresh Fruit &
Veggie Bar

Thurs., June 15

Hot Turkey
Sandwich
Chef's Mashed
Potato
Fresh Fruit &
Veggie Bar

Fri., June 16

BBQ Pork
Sandwich
Creamy
Coleslaw
Fresh Fruit &
Veggie Bar

Mon., June 19

Buffalo Chicken
Dip w/Nacho
Chips
Roasted Sweet
Potato Wedges
Fresh Fruit &
Veggie Bar

Tues., June 20

Nachos w/
The Works
(Ground Beef, Tortilla
Chips, Homemade
Cheese Sauce)
Rice Pilaf
Fresh Fruit &
Veggie Bar

Wed., June 21

Chicken Caesar
Salad Wrap
Veggie Sticks
w/Dip
Sun Chips
Fresh Fruit
Milk

Thurs., June 22

Fri., June 23

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza Or Express

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup

Fresh Fruit (Full cup offered daily)
**Hood Milk: Skim, 1% white or
Fat-Free Chocolate**

Prices

Breakfast \$1.75 Lunch \$2.75

Adult Adult
Breakfast \$2.25 Lunch \$3.75

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the
Month



June

Spinach



Local Products Used
when available

*Items in bold and
italicized are
Local Products*

**Items in Bold and
Underlined are
Harvest of the Month
& Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created by
Vermont FEED

We Support Local New England
Companies

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk



Lent Begins
March 1, 2017
Meatless Options
will be offered
every Friday



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Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Homemade Pancakes w/Syrup Fresh Fruit Milk	Homemade Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Homemade Pancakes w/Syrup Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk		

Thurs., June 1	Fri., June 2
Homemade Pancakes w/Syrup Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk

**Leland & Gray High School
Breakfast
June 2017**

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or
Bagels w/Cream Cheese or
Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

Prices

Breakfast \$1.75	Lunch \$2.75
Adult Breakfast \$2.25	Adult Lunch \$3.75
Milk \$.50	

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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!!
Go to the link below. You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

