



This Institution is an equal opportunity provider
Menus are subject to change

Welcome Back!

Tues., Sept. 4

BBQ Chicken Sandwich
w/Lettuce & Tomato
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Wed., Sept. 5

Cheeseburger Flatbread
Zucchini Parmesan
Fresh Fruit & Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli Bake
Baker's Pride Garlic Breadsticks
Fresh Fruit & Veggie Bar

Fri., Sept. 7

Birthday Celebration
Slow Roasted BBQ Pork Sandwich
Corn on the Cob
Fresh Fruit & Veggie Bar

Mon., Sept. 10

Cape Cod Crusted Fish & Chips
(French Fries)
Rice Pilaf
Fresh Fruit & Veggie Bar

Tues., Sept. 11

Taste Test Event
Nachos w/ The Works
(Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa)
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 12

Cheesy Breadsticks w/Marinara
Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Thurs, Sept. 13

Creamy Macaroni & Cheese
Homemade Cornbread
Fresh Fruit & Veggie Bar

Fri., Sept. 14

Maple Apple French Toast Bake
Local Maple Syrup
Fresh Cut Sweet & White Home Fries
Sausage Links
Fresh Fruit & Veggie Bar

Mon., Sept. 17

Seasoned Chicken Breast Tenders w/Dipping Sauce
Roasted Sweet Potato Wedges
Dinner Roll
Fresh Fruit & Veggie Bar

Tues., Sept. 18

Taco Bar w/ Soft Shell
Homemade Salsa w/Fresh Tomatoes
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 19

Homemade Goulash
Baker's Pride Garlic Breadsticks
Fresh Fruit & Veggie Bar

Thurs, Sept. 20

Shepherd's Pie (Hamburger, Corn & Mashed Potato)
Dinner Roll
Fresh Fruit & Veggie Bar

Fri., Sept. 21

Grilled Ham & Cheese Sandwich
From Scratch Creamy Tomato Soup
Fresh Fruit & Veggie Bar

Mon., Sept. 24

Philly Steak & Cheese Sub
w/Sautéed Onions & Peppers
Hand Cut French Fries
Fresh Fruit & Veggie Bar

Tues., Sept. 25

Chicken & Cheese Quesadilla w/Salsa
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 26

Sloppy Joe
Garden Pasta Salad
Fresh Fruit & Veggie Bar

Thurs, Sept. 27

Spaghetti w/ Meat Sauce
Baker's Pride Garlic Breadsticks
Fresh Fruit & Veggie Bar

Fri., Sept. 28

Hearty Chicken & Biscuits
Steamed Peas
Fresh Fruit & Veggie Bar



Hinsdale High School Lunch
August/September 2018

Daily Lunch Offerings:
Main Meal or
Stoneyfield Yogurt Parfait or Deli Sandwich or Pizza or Express or Grab & Go
Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup
Fresh Fruit (Full cup offered daily)
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
September 11, 2018

Featuring
Broccoli

Harvest of the Month



August
Tomatoes

September
Broccoli/Cauliflower



Prices

Breakfast	\$1.50	Lunch	\$2.50
Reduced	\$.30		\$.40
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
		Milk	\$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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Mon., Sept 10	Tues., Sept 11	Wed., Sept 12	Thurs, Sept 13	Fri., Sept 14
Mon., Sept 10 Whole Grain French Toast Sticks Fresh Fruit Milk	Tues., Sept 11 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Wed., Sept 12 Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Thurs, Sept 13 Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Fri., Sept 14 Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept 17	Tues., Sept 18	Wed., Sept 19	Thurs, Sept 20	Fri., Sept 21
Mon., Sept 17 Whole Grain French Toast Sticks Fresh Fruit Milk	Tues., Sept 18 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Wed., Sept 19 Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Thurs, Sept 20 Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Fri., Sept 21 Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept 24	Tues., Sept 25	Wed., Sept 26	Thurs, Sept 27	Fri., Sept 28
Mon., Sept 24 Whole Grain French Toast Sticks Fresh Fruit Milk	Tues., Sept 25 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Wed., Sept 26 Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Thurs, Sept 27 Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Fri., Sept 28 Sausage & Cheese Muffin Fresh Fruit Milk



Hinsdale/Middle High School Breakfast
August/September 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese Or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



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Reduced	\$.30		\$.40
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
		Milk	\$.50

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

