



This Institution is an equal opportunity provider  
Menus are subject to change



**Barstow Memorial School  
Lunch  
June 2017**



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	<b>Birthday Celebration</b> Chef's Choice Pizzas Pepperoni, Cheese or Veggie Fresh Fruit & Veggie Bar	Taste Test Event Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar	Pancakes w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Meatball Sub Garden Pasta Salad Fresh Fruit & Veggie Bar	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/Marinara <b><u>Strawberry Spinach Salad</u></b> Fresh Fruit & Veggie Bar	Chicken & Biscuits Chef's Mashed Potato Fresh Fruit & Veggie Bar	Chicken Caesar Salad Wrap Sun Chips Fresh Fruit & Veggie Bar
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Grilled Cheese Sandwich Homemade Tomato Soup Fresh Fruit & Veggie Bar	<b>End of Year BBQ</b> Grilled Hamburgers & Hot Dogs w/ All The Fixins Garden Pasta & Potato Salad Chilled Watermelon Summertime Dessert Fresh Milk	<b>Deli Day</b> Turkey, Ham Or Veggie Sandwich Veggie Sticks Sun Chips Fresh Fruit & Milk		



**DAILY LUNCH OPTIONS**

**Entrée Options**

Main Meal or  
**Cabot Yogurt Parfait or  
Deli Sandwich or Salad Bar**

**Offered with all Meals  
Fresh Fruit & Veggie Bar &  
Vegetable Soup**

**Hood Milk: Skim, 1%  
white or  
Fat-Free Chocolate**

**Prices**

Prices			
Breakfast	\$1.60	Lunch	\$2.30
Adult Breakfast	\$2.75	Adult Lunch	\$4.00

Milk \$.50  
**Pay for meals on-line  
For free on-line service go to  
<http://www.abbeygroup.net>  
Search for Your School and Click the  
K12 Payment Center link**

Taste Test Event  
Thursday  
June 8, 2017  
Spinach

Harvest of the Month  
 June



Local Products Used when available

*Items in bold and italicized are Local Products*

***Items in Bold and Underlined are Harvest of the Month & Feed Items***

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

**We Support Local New England Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk





Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk		

Thurs., June 1	Fri., June 2
Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk

**Barstow Memorial School  
Breakfast  
June 2017**

**DAILY BREAKFAST OPTIONS**

Cereals w/Toasted English Muffin or Yogurt w/Granola & Hard Boiled Egg  
Bagels w/Cream Cheese or Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**



**Questions or Comments regarding your School Meal Program?**  
Please contact The Abbey Group Vice President of Operations  
Scott Choiniere  
scott@abbeygroup.net

**Prices**

Prices			
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Adult Breakfast	\$2.75	Adult Lunch	\$4.00
Milk \$.50			

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Looking for a job that lets you be at home when your family needs you there?  
Come Join our Team!!  
Go to the link below. You can download an application or see what we have available through Careerbuilder.  
<http://www.abbeygroup.net/careers.php>

