



This Institution is an equal opportunity provider
Menus are subject to change



St. Albans Town Educational Center
Lunch
June 2017

June

Thurs., June 1

Spaghetti w/
Meat or
Marinara Sauce
Garlic
Breadstick
Fresh Fruit &
Veggie Bar

Fri., June 2

BBQ Pork
Sandwich
Creamy
Coleslaw
Fresh Fruit &
Veggie Bar

Mon., June 5

Oven Baked
Corn Dog
Roasted Sweet
Potato Wedges
Fresh Fruit &
Veggie Bar

Tues., June 6

Taco Bar w/
Soft Shell
Garden Fresh
Salsa
Southwest Rice
Fresh Fruit &
Veggie Bar

Wed., June 7

Chicken Caesar
Salad Wrap
Veggie Sticks
w/Dip
Sun Chips
Fresh Fruit &
Veggie Bar

Thurs., June 8

Taste Test Event
Creamy
Macaroni &
Cheese
Homemade
Cornbread
Fresh Fruit &
Veggie Bar

Fri., June 9

Pancakes w/
Local Maple Syrup
Fresh Cut Sweet
& White Home
Fries
Sausage Links
Fresh Fruit &
Veggie Bar

Mon., June 12

Meatball
Sub
Garden Pasta
Salad
Fresh Fruit &
Veggie Bar

Tues., June 13

Chicken Fajitas
w/Sautéed Onions &
Peppers
Rice Pilaf
Fresh Fruit &
Veggie Bar

Wed., June 14

Cheesy
Breadsticks
w/Marinara
**Strawberry
Spinach Salad**
Fresh Fruit &
Veggie Bar

Thurs., June 15

Hot Turkey
Sandwich
Chef's Mashed
Potato
Steamed Broccoli
Fresh Fruit &
Veggie Bar

Fri., June 16

Ham & Cheese
Double Decker
Caesar Salad
Fresh Fruit &
Veggie Bar

Mon., June 19

Chicken Patty
Sandwich
w/Lettuce & Tomato
Oven Baked Fries
Fresh Fruit &
Veggie Bar

Tues., June 20

Nachos w/
The Works
(Ground Beef, Tortilla
Chips, Homemade
Cheese Sauce)
Rice Pilaf
Fresh Fruit &
Veggie Bar

Wed., June 21

Deli Day
Turkey, Ham or
Veggie Sandwich
w/Lettuce & Tomato
Veggie Sticks
Sun Chips
Fresh Fruit
Milk

Thurs., June 22

Fri., June 23

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or Pizza
Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup
Hood Milk: Skim, 1%
white or
Fat-Free Chocolate

Prices

Breakfast	\$1.50	Lunch	\$2.10
Adult Breakfast	\$2.00	Adult Lunch	\$3.75
Milk \$.50			

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

We Support Local New England
Companies

Garvey's Gardens
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce
Bergeron & Son's Produce



Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the
Month



June

Spinach



Local Products Used
when available

*Items in bold and
italicized are
Local Products*

**Items in Bold and
Underlined are
Harvest of the Month
& Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created by
Vermont FEED



Local Spinach
For Harvest of
the Month



Provided By:
Joe's Brook Farm
St. Johnsbury VT





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Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Breakfast Bun Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Breakfast Bun Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Breakfast Bun Fresh Fruit Milk		

Thurs., June 1	Fri., June 2
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk

**St. Albans Town Educational Center
Breakfast
June 2017**

DAILY BREAKFAST OPTIONS

Sausage & Cheese English Muffin
Cereals w/Toasted English Muffin or
Fruit Filled Muffin or
Bagels w/Cream Cheese or
Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

Prices

Breakfast	\$1.50	Lunch	\$2.10
Adult Breakfast	\$2.00	Adult Lunch	\$3.75
		Milk	\$.50

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

