



This Institution is an equal opportunity provider  
Menus are subject to change



Otter Valley High School  
Lunch  
June 2017



Thurs., June 1

Spaghetti w/  
Meat or  
Marinara Sauce  
Garlic  
Breadstick  
Fresh Fruit &  
Veggie Bar

Fri., June 2

BBQ Pork  
Sandwich  
  
Creamy  
Coleslaw  
  
Fresh Fruit &  
Veggie Bar

Mon., June 5

BBQ Chicken  
Sandwich  
w/Lettuce & Tomato  
Oven Baked Fries  
  
Fresh Fruit &  
Veggie Bar

Tues., June 6

Taco Bar w/  
Soft Shell  
Garden Fresh  
Salsa  
Southwest Rice  
Fresh Fruit &  
Veggie Bar

Wed., June 7

**Birthday  
Celebration**  
Sweet Pork Gyro  
Cucumber  
Greek Salad  
Fresh Fruit &  
Veggie Bar

Thurs., June 8

Taste Test Event  
Creamy  
Macaroni &  
Cheese  
Cornbread  
Fresh Fruit &  
Veggie Bar

Fri., June 9

Pancakes w/  
*Local Maple Syrup*  
Sweet & White  
Home Fries  
Sausage Links  
Fresh Fruit &  
Veggie Bar

Mon., June 12

Sloppy  
Joes  
Garden Pasta  
Salad  
Fresh Fruit &  
Veggie Bar

Tues., June 13

Nachos w/  
The Works  
(Ground Beef, Tortilla  
Chips, Homemade  
Cheese Sauce)  
Rice Pilaf  
Fresh Fruit &  
Veggie Bar

Wed., June 14

Cheesy  
Breadsticks  
w/Marinara  
**Strawberry  
Spinach Salad**  
Fresh Fruit &  
Veggie Bar

Thurs., June 15

Hot Turkey  
Sandwich  
Chef's Mashed  
Potato  
Fresh Fruit &  
Veggie Bar

Fri., June 16

Buffalo Chicken  
Dip w/Nacho  
Chips  
Roasted Sweet  
Potato Wedges  
Fresh Fruit &  
Veggie Bar

Mon., June 19

Exams  
Grab & Go  
Lunch

Tues., June 20

Exams  
Grab & Go  
Lunch

Wed., June 21

Thurs., June 22

Fri., June 23

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or  
**Cabot** Yogurt Parfait or  
Deli Sandwich or  
Pizza Or Express

Offered with all Meals  
Fresh Fruit & Veggie Bar &  
Vegetable Soup

Fresh Fruit (Full cup offered daily)  
Hood Milk: **Skim, 1% white or  
Fat-Free Chocolate**

Taste Test Event  
Thursday  
June 8, 2017  
Spinach

Harvest of the  
Month



June

Spinach



Local Products Used  
when available

*Items in bold and  
italicized are  
Local Products*

**Items in Bold and  
Underlined are  
Harvest of the Month  
& Feed Items**

All items in Bold are  
Recipes from the  
New School Cuisine  
Cookbook created by  
Vermont FEED

Prices

Prices			
Breakfast	\$2.20	Lunch	\$2.65
Adult Breakfast	\$2.75	Adult Lunch	\$4.00

Milk \$.50  
**Pay for meals on-line  
For free on-line service go to  
<http://www.abbeygroup.net>  
Search for Your School and Click the  
K12 Payment Center link**

We Support Local New England  
Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk



Lent Begins  
March 1, 2017  
Meatless Options  
will be offered  
every Friday





Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk			

Thurs., June 1	Fri., June 2
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk

**Otter Valley High School  
Breakfast  
June 2017**

**DAILY BREAKFAST OPTIONS**

**Offered Every Day:**

**Bagel w/Cream Cheese**

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**



**Questions or Comments regarding your School Meal Program?**

Please contact The Abbey Group Vice President of Operations  
Scott Choiniere  
scott@abbeygroup.net

**Prices**

Breakfast	\$2.20	Lunch	\$2.65
Adult Breakfast	\$2.75	Adult Lunch	\$4.00
	Milk \$.50		

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

