



This Institution is an equal opportunity provider  
Menus are subject to change



## Monument Elementary Lunch May 2017



Mon., May 1	Tues., May 2	Wed., May 3	Thurs., May 4	Fri., May 5
Chicken Patty Sandwich w/Lettuce & Tomato Steamed Broccoli Oven Baked Fries	Spaghetti w/ Homemade Meat or Marinara Sauce Baker's Pride Garlic Breadstick Spinach Salad Italian Bean Salad	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Broccoli Salad</b> Carrot Sticks w/ Hummus Dip	Taste Test Event Pancakes w/ <b>Local Maple Syrup</b> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Green Pepper Strips	<b>Cinco De Mayo</b> Fiesta Taco Bar w/Soft Shell Spanish Rice Confetti Black Bean & Corn Salad Festive Dessert
Mon., May 8	Tues., May 9	Wed., May 10	Thurs., May 11	Fri., May 12
Dress Your Own Hot Dog Roasted Fresh Sweet Potato Wedges Baked Beans	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Steamed Corn	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Sautéed Radishes</b> Fresh Carrot Sticks	Homemade Goulash Garlic Breadstick Roasted Chick Peas	Pork Fried Rice Steamed Broccoli Dinner Roll Fortune Cookie Celery Sticks
Mon., May 15	Tues., May 16	Wed., May 17	Thurs., May 18	Fri., May 19
Meatball Sub Garden Pasta Salad Caesar Salad	Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce) Rice Pilaf Warm Black Beans	<b>Homemade Tomato Soup</b> Cheesy Breadsticks w/Marinara Celery Sticks w/Dip	Creamy Macaroni & Cheese Homemade Cornbread Chopped Green Salad Steamed Carrots	French Toast Sticks w/ <b>Local Maple Syrup</b> Fresh Cut Sweet & White Home Fries Sausage Links Green Pepper Strips
Mon., May 22	Tues., May 23	Wed., May 24	Thurs., May 25	Fri., May 26
Oven Baked Chicken Nuggets w/ Dipping Sauce Oven Baked French Fries Baked Beans	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice <b>Cherry Tomato &amp; Corn Salad</b>	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Summer Radish Salad</b> Caesar Salad	BBQ Pulled Pork Sandwich Creamy Coleslaw Veggie Sticks w/Dip	<b>BirthDay Celebration</b> Grilled Cheese Sandwich Chicken Noodle Soup Carrot Sticks w/ Hummus Dip
Mon., May 29	Tues., May 30	Wed., May 31		
<b>No School</b>	Hot Ham & Cheese Bagel Roasted Sweet Potato Wedges Steamed Broccoli	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Fresh Celery Sticks w/ Hummus Dip		

### DAILY LUNCH OPTIONS

#### Entrée Options

Main Meal or  
Yogurt Meal or  
Deli Sandwich or  
Chef Salad

Offered with all Meals

Fresh Fruit

Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate

#### Prices

##### Community Eligibility Provision

Meals to all Students are Free  
*Snacks & Snack Milk not included*

Adult Breakfast \$1.75	Adult Lunch \$3.50
Milk \$.50	

**Pay for meals on-line**

**For free on-line service go to**

**<http://www.abbeygroup.net>**  
**Search for Your School and Click the K12 Payment Center link**

##### We Support Local New England Companies

Clearbrook Farm	Moses Farm
Maplebrook Farm	Southern VT. Orchards
Youth Horticultural Group	
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls	
Cabot Cooperative- Yogurt, Sour Cream	
King Arthur Flour- Dinner Rolls, Pizza Dough	
Chappelle's Potatoes	
Georgia Mtn. Maples Syrup- VT. Maple Syrup	
Sunrise Orchards-Apples	
Mazza Farm Stand- Local Produce	
Green Mtn. Farms- Cream Cheese	
Hood-Milk	



Taste Test Event  
Thursday  
May 4, 2017  
Sautéed Radishes

Harvest of the Month



May

Radish



Local Products Used  
when available

*Items in bold and italicized are Local Products*

**Items in Bold and Underlined are Harvest of the Month & Feed Items**

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED





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Mon., May 1	Tues., May 2	Wed., May 3	Thurs., May 4	Fri., May 5
French Toast Sticks w/ Syrup Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Breakfast Bar Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Pancakes w/ Syrup Fresh Fruit Milk
Mon., May 8	Tues., May 9	Wed., May 10	Thurs., May 11	Fri., May 12
French Toast Sticks w/ Syrup Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Breakfast Bar Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Pancakes w/ Syrup Fresh Fruit Milk
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Mon., May 22	Tues., May 23	Wed., May 24	Thurs., May 25	Fri., May 26
French Toast Sticks w/ Syrup Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Breakfast Bar Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Pancakes w/ Syrup Fresh Fruit Milk
Mon., May 29	Tues., May 30	Wed., May 31		
<b>No School</b>	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Breakfast Bar Fresh Fruit Milk		

## Monument Elementary Breakfast May 2017

### DAILY BREAKFAST OPTIONS

Sausage & Cheese English Muffin  
Cereals w/Toasted English Muffin or  
Bagels w/Cream Cheese or  
Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**



### Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations  
Scott Choiniere

scott@abbeygroup.net

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Adult Breakfast \$1.75	Adult Lunch \$3.50
Milk \$.50	

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>