



This Institution is an equal opportunity provider
Menus are subject to change



Mount Anthony Union Middle School
Lunch
June 2017



Mon., June 5 BBQ Chicken Sandwich w/Lettuce & Tomato Oven Baked Fries	Tues., June 6 Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Steamed Corn	Wed., June 7 Birthday Celebration Sweet Pork Gyro Cucumber Greek Salad Celery Sticks w/ Hummus Dip	Thurs., June 8 Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Caesar Salad	Fri., June 2 BBQ Pork Sandwich Creamy Coleslaw Carrot Sticks w/ Hummus Dip
Mon., June 12 Meatball Sub Baked Beans Steamed Broccoli	Tues., June 13 Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Warm Black Beans	Wed., June 14 Cheesy Breadsticks w/Marinara <u>Strawberry Spinach Salad</u> Carrot Sticks w/Dip	Thurs., June 8 Taste Test Event Creamy Macaroni & Cheese Homemade Cornbread Baked Beans	Fri., June 9 Pancakes w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Green Pepper Strips
Mon., June 19 Deli Day 1/2 Day Turkey, Ham or Veggie Sandwich w/Lettuce & Tomato Veggie Sticks Sun Chips Fresh Fruit & Milk	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23

Summer Meals Start
6/26/2017
Please call 753-5723
for more information
and locations near you.



DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Deli Sandwich or
Pizza Or Express

Offered with all Meals
Fresh Salad Bar

Hood Milk: Skim, 1% white or
Fat-Free Chocolate

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Adult Lunch \$3.50
	Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

We Support Local New England Companies

Clearbrook Farm
Moses Farm
Maplebrook Farm
Southern VT. Orchards
Youth Horticultural Group
Koffee Kup Bakery/VT Bread Co. – Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk



Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the Month



June

Spinach



Local Products Used
when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

Lent Begins
March 1, 2017
Meatless Options
will be offered
every Friday



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Pancakes w/Syrup Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Pancakes w/Syrup Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk				

Thurs., June 1	Fri., June 2
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Pancakes w/Syrup Fresh Fruit Milk

**Mount Anthony Union Middle School
Breakfast
June 2017**

DAILY BREAKFAST OPTIONS

Sausage & Cheese English Muffin
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

Prices

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Milk \$.50	

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

