



This Institution is an equal opportunity provider
Menus are subject to change



Mount Anthony Union High School
Lunch
June 2017



Thurs., June 1

Spaghetti w/
Meat or
Marinara Sauce

Garlic
Breadstick
Caesar Salad

Fri., June 2

BBQ Pork
Sandwich

Creamy
Coleslaw
Carrot Sticks w/
Hummus Dip

Mon., June 5

BBQ Chicken
Sandwich
w/Lettuce &
Tomato
Oven Baked
Fries

Tues., June 6

Taco Bar w/
Soft Shell
Garden Fresh
Salsa
Southwest Rice
Steamed Corn

Wed., June 7

**Birthday
Celebration**
Sweet Pork Gyro
Cucumber
Greek Salad
Celery Sticks w/
Hummus Dip

Thurs., June 8

Taste Test Event
Creamy
Macaroni &
Cheese
Homemade
Cornbread
Baked Beans

Fri., June 9

Pancakes w/
Local Maple Syrup
Fresh Cut Sweet &
White Home Fries
Sausage Links
Green Pepper
Strips

Mon., June 12

Meatball
Sub
Baked
Beans
Steamed
Broccoli

Tues., June 13

Chicken Fajitas
w/Sautéed Onions &
Peppers
Rice Pilaf
Warm Black
Beans

Wed., June 14

Cheesy
Breadsticks
w/Marinara
**Strawberry
Spinach Salad**
Carrot Sticks
w/Dip

Thurs., June 15

Bacon
Cheeseburger

Garden Pasta
Salad
Caesar Salad

Fri., June 16

**1/2 Day
No Lunch
Breakfast
Only**

Mon., June 19

**1/2 Day
No Lunch
Breakfast
Only**

Tues., June 20

Wed., June 21

Thurs., June 22

Fri., June 23

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza Or Express

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup

Fresh Fruit (Full cup offered daily)
**Hood Milk: Skim, 1% white or
Fat-Free Chocolate**

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult	Adult
Breakfast \$1.75	Lunch \$3.50
	Milk \$.50

Pay for meals on-line

For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

We Support Local New England Companies

Clearbrook Farm
Moses Farm
Maplebrook Farm
Southern VT. Orchards
Youth Horticultural Group
Koffee Kup Bakery/VT Bread Co. – Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk



Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the
Month



June

Spinach



Local Products Used
when available

*Items in bold and
italicized are
Local Products*

**Items in Bold and
Underlined are
Harvest of the Month
& Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created by
Vermont FEED

Lent Begins
March 1, 2017
Meatless Options
will be offered
every Friday

Summer Meals Start
6/26/2017
Please call 753-5723
for more information
and locations near you.





This Institution is an equal opportunity provider
Menus are subject to change



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Sausage & Cheese English Bagel or French Toast Sticks Fresh Fruit Milk	Ham & Cheese Bagel or Fruit Filled Muffin Fresh Fruit Milk	Sausage & Cheese on Bagel or Healthy Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel or Fruit Filled Muffin Fresh Fruit Milk	Sausage & Cheese on Bagel or Breakfast Burrito Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Sausage & Cheese English Bagel or French Toast Sticks Fresh Fruit Milk	Ham & Cheese Bagel or Fruit Filled Muffin Fresh Fruit Milk	Sausage & Cheese on Bagel or Healthy Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel or Fruit Filled Muffin Fresh Fruit Milk	Sausage & Cheese on Bagel or Breakfast Burrito Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Sausage & Cheese English Bagel or French Toast Sticks Fresh Fruit Milk				

Thurs., June 1	Fri., June 2
Ham & Cheese Bagel or Fruit Filled Muffin Fresh Fruit Milk	Sausage & Cheese on Bagel or Breakfast Burrito Fresh Fruit Milk

**Mount Anthony Union High School
Breakfast
June 2017**

DAILY BREAKFAST OPTIONS

Egg & Cheese on English Muffin
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

Prices

Community Eligibility Provision
Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Adult Lunch \$3.50
	Milk \$.50

Pay for meals on-line
For free on-line service go to <http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!!
Go to the link below. You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

