



This Institution is an equal opportunity provider
Menus are subject to change



Mary Hogan Elementary
Lunch
June 2017



Mon., June 5 Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Tues., June 6 Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	Wed., June 7 BBQ Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar	Thurs., June 8 Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Fresh Fruit & Veggie Bar	Fri., June 9 Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar
Mon., June 12 Chicken & Biscuits Chef's Mashed Potato Steamed Peas Fresh Fruit & Veggie Bar	Tues., June 13 Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Fresh Fruit & Veggie Bar	Wed., June 14 Hot Roast Pork Sandwich Hand Cut Fries Fresh Fruit & Veggie Bar	Thurs., June 15 Taste Test Event Chicken Alfredo w/Broccoli Homemade Cornbread Fresh Fruit & Veggie Bar	Fri., June 16 Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar
Mon., June 19 Oven Baked Corn Dog Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar	Tues., June 20 Chicken Caesar Salad Wrap Veggie Sticks w/Dip Sun Chips Fresh Fruit & Milk	Wed., June 21	Thurs., June 22	Fri., June 23
		Wed., June 7 BBQ Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar	Thurs., June 8 Taste Test Event Chicken Alfredo w/Broccoli Homemade Cornbread Fresh Fruit & Veggie Bar	Fri., June 9 Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar
		Wed., June 14 Hot Roast Pork Sandwich Hand Cut Fries Fresh Fruit & Veggie Bar	Thurs., June 15 End of Year BBQ Grilled Hamburgers & Hot Dogs w/ All The Fixins Garden Pasta & Potato Salad Chilled Watermelon Summertime Dessert Fresh Milk	Fri., June 16 Chef's Choice Pizzas Pepperoni, Cheese or Veggie Spinach Salad Fresh Fruit & Veggie Bar

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup
Hood Milk: Skim, 1%
white or Fat-Free Chocolate

Prices

Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$4.00
	Milk \$0.50		

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

We Support Local New England Companies

Misty Knoll's Farm-Chicken
Elmer Farm
Maple Meadow Farm- Eggs
Harvey Smith Family Farm- Beef
Lester Farm
Monument Farm
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Champlain Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk



Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the Month



June

Spinach



Local Products Used when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED





Breakfast in the Classroom

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Mary Hogan Elementary
Breakfast
June 2017



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Ham & Cheese Or Egg & Cheese Bagel Fresh Fruit Milk	Fruit Filled Muffin & Animal Crackers Fresh Fruit Milk	Whole Grain Breakfast Round Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Sausage & Cheese or Egg & Cheese Muffin Fresh Fruit Milk	Fruit Filled Muffin & Animal Crackers Fresh Fruit Milk	Sausage Wrapped in Pancake Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23
Whole Grain French Toast Sticks Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk			

Thurs., June 1	Fri., June 2
Fruit Filled Muffin & Animal Crackers Fresh Fruit Milk	Sausage Wrapped in Pancake Fresh Fruit Milk

Breakfast in the Classroom

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

Prices

Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$4.00
	Milk \$.50		

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Looking for a job that lets you be at home when your family needs you there?
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<http://www.abbeygroup.net/careers.php>

