



Christ the King School
Lunch
June 2017



Mon., June 5 Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Tues., June 6 Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	Wed., June 7 Taste Test Event Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar	Thurs., June 8 Chef's Choice Pizzas Pepperoni, Cheese or Veggie, Fresh Fruit & Veggie Bar	Fri., June 9 No Lunch Served
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23



Local Spinach
For Harvest of the Month



Provided By:
Joe's Brook Farm
St. Johnsbury VT



DAILY LUNCH OPTIONS

Entrée Options

Main Meal or
Deli Sandwich
Offered with all Meals

**Fresh Fruit & Veggie Bar &
Vegetable Soup
Hood Milk: Skim, 1% white or
Fat-Free Chocolate**

Deli Menu

Monday: Turkey & Cheese Sandwich
Tuesday: Ham & Cheese Sandwich
Wednesday: Turkey & Cheese Sandwich
Thursday: Chicken Salad Sandwich
Friday: Turkey & Cheese Sandwich

Prices

Lunch \$3.50

Milk \$.50

**Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link**

Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the Month



June

Spinach



Local Products Used
when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk

