



This Institution is an equal opportunity provider
Menus are subject to change



Christ the King School Lunch May 2017



Mon., May 1	Tues., May 2	Wed., May 3	Thurs., May 4	Fri., May 5
Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Spaghetti w/ Homemade Meat or Marinara Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar	Taste Test Event Pancakes w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Fresh Fruit & Veggie Bar	Cinco De Mayo Fiesta Taco Bar w/ Soft Shell Spanish Rice Confetti Black Bean & Corn Salad Festive Dessert Fresh Fruit & Veggie Bar
Mon., May 8	Tues., May 9	Wed., May 10	Thurs., May 11	Fri., May 12
Dress Your Own Hot Dog Roasted Fresh Sweet Potato Wedges Fresh Fruit & Veggie Bar	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Fresh Fruit & Veggie Bar	Homemade Goulash Garlic Breadstick Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <u>Sautéed Radishes</u> Fresh Fruit & Veggie Bar	Pork Fried Rice Steamed Broccoli Dinner Roll Fortune Cookie Fresh Fruit & Veggie Bar
Mon., May 15	Tues., May 16	Wed., May 17	Thurs., May 18	Fri., May 19
Meatball Sub Garden Pasta Salad Fresh Fruit & Veggie Bar	Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce) Rice Pilaf Fresh Fruit & Veggie Bar	Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar	Homemade Tomato Soup Cheesy Breadsticks w/Marinara Fresh Fruit & Veggie Bar	French Toast Sticks w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon., May 22	Tues., May 23	Wed., May 24	Thurs., May 25	Fri., May 26
Oven Baked Chicken Nuggets w/Dipping Sauce Kale Pesto Pasta Salad Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	Oven Roasted Hot Turkey Sandwich Chef's Mashed Potato Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Summer Radish Salad Fresh Fruit & Veggie Bar	No School
Mon., May 29	Tues., May 30	Wed., May 31		
No School	Oven Baked Corn Dog Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Fresh Fruit & Veggie Bar		

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or Deli Sandwich
Offered with all Meals

Fresh Fruit & Veggie Bar & Vegetable Soup
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Deli Menu

Monday: Turkey & Cheese Sandwich
Tuesday: Ham & Cheese Sandwich
Wednesday: Turkey & Cheese Sandwich
Thursday: Chicken Salad Sandwich
Friday: Turkey & Cheese Sandwich

Prices

Lunch \$3.50

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Taste Test Event
Wednesday
May 3, 2017
Sautéed Radishes

Harvest of the Month



May

Radish



Local Products Used when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co. – Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk

