



This Institution is an equal opportunity provider
Menus are subject to change



Castleton Elementary School
Lunch
June 2017



Mon., June 5 Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Tues., June 6 Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	Wed., June 7 Birthday Celebration Chef's Choice Pizzas Pepperoni, Cheese or Veggie Fresh Fruit & Veggie Bar	Thurs., June 8 Taste Test Event Hearty Goulash Homemade Garlic Breadsticks Fresh Fruit & Veggie Bar	Fri., June 9 The Big Celebration Grilled Hamburgers, Hot Dogs & Veggie Burgers w/All The Fixins Garden Pasta & Potato Salad Chilled Watermelon Summertime Dessert Fresh Milk
Mon., June 12 Meatball Sub Garden Pasta Salad Fresh Fruit & Veggie Bar	Tues., June 13 Chicken Quesadillas w/Salsa Rice Pilaf Fresh Fruit & Veggie Bar	Wed., June 14 Cheesy Breadsticks w/Marinara <u>Strawberry Spinach Salad</u> Fresh Fruit & Veggie Bar	Thurs., June 15 BBQ Turkey Sandwich Oven Baked Fries Fresh Fruit & Veggie Bar	Fri., June 16 Grilled Chicken Caesar Sandwich Veggie Sticks w/Dip Sun Chips Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23



DAILY LUNCH OPTIONS

Entrée Options
Main Meal or
Cabot Yogurt Parfait or Deli Sandwich
Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Prices

	Prices	
Breakfast	\$1.50	Lunch \$2.60
Adult Breakfast	\$2.00	Adult Lunch \$3.50

Milk \$.50
Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Taste Test Event
Thursday
June 8, 2017
Spinach

Harvest of the Month
June



Spinach



Local Products Used when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
Mon., June 19	Tues., June 20	Wed., June 21	Thurs., June 22	Fri., June 23

Thurs., June 1	Fri., June 2
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk

Castleton Elementary School
Breakfast
June 2017

DAILY BREAKFAST OPTIONS

Sausage & Cheese Muffin
Ham & Cheese Bagel
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate



Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere

scott@abbeygroup.net

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	Prices	
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Adult Breakfast	\$2.00	Adult Lunch \$3.50

Milk \$.50

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

